

Manufactured By:
MAINE COAST HERBALS
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CORINTH, ME 04427
www.maineherbs.com

MADE IN USA



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BOTANICAL FORMULA CAPSULES

DIETARY SUPPLEMENT

 **Maine
Coast
Herbals**

VALERIAN ROOT
100 Capsules



Supplement Facts

Serving Size One Capsule

	Amount Per Serving	% Daily Value
Valerian Root	400mg	*

* Daily Value not established.

INGREDIENTS: Valerian Root (*Valeriana officinale*)
100% WC, gelatin (capsule)

WC : Wildcrafted

CO : Certified Organic

No Sugar, No Artificial Colors, No Artificial Flavors,
Sodium Free, No Wheat, No Gluten, No Soy, No Dairy,
Yeast Free.

DIRECTIONS: As a dietary supplement, take two
capsules, up to three times a day, with food.

WARNING: Do not take this product if you are pregnant,
could become pregnant, or are nursing. Consult your
healthcare provider before use, especially if you are
taking any prescription medications or are receiving
medical treatment. Discontinue use if unusual
symptoms occur.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry place.