For more information, please visit integrative pro.com.

Recommendation: Take 2 tablets at hedtime with 8 oz of water. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use. Do not take more than 2 tablets in a 24-hour period, or use the maximum dosage for more than 7 days, as frequent or prolonged use may result in dependence.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

Contains no soy, dairy products, ingredients of animal origin, or artificial colors, flavors, or preservatives.

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LAXATIVE FORMULA

60 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

100 ma

Serving Size 2 Tablets	Gervings per Conta	iner 30
Amount per Serving		% DV
Total Carbohydrate	1 g	<1%†
Magnesium (as Magnesium Hydroxide)	722 mg	172%
Sodium	5 mg	<1%
Magnesium Hydroxide	1.7 g	**
Proprietary Mucilage Blend marshmallow (Althaea officinalis) root extract, slippe elm (Ulmus rubra) bark, and fenugreek (Trigonella foe graecum) seed extract		**

fennel (Foeniculum vulgare) seed, ginger (Zingiber officinale) rhizome extract, and peppermint (Mentha x piperita) leaf †Percent Daily Values (DV) are based on a 2,000 calorie diet.

Proprietary Soothing Blend

interfere with their absorption.

**Daily Value not established Other ingredients: cellulose, sodium carboxymethyl cellulose, stearic acid,

hydroxpropyl methylcellulose, magnesium stearate, glycerin, silicon dioxide Warning: Do not use this product if you are pregnant, attempting to become pregnant, or under the age of 12. Do not use when abdominal pain, nausea, or vomiting are present. If you are nursing, have diabetes, a kidney disease, or if you are taking any medications, consult a healthcare professional before use. If you notice a sudden change in bowel habits that persist over two weeks, consult your healthcare professional. Rectal bleeding or failure to move bowels after use may indicate a serious condition. If you experience any of these symptoms, discontinue use and consult your healthcare professional. This product contains Slippery Elm. Slippery Elm should not be taken together with any medication as it may