Our Vitamin D3 comes from lichen (the mossy green stuff that grows on trees), and our Vitamin K2 from fermented chickpeas - It's 100% vegan!*

Suggested Use: Take 1 vegan capsule with water as needed.

Warning: Use only as directed. Consult your healthcare professional before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. For adult use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VEGAN

HEART* • IMMUNITY* • BONES*

PLUS NETTLE LEAF









DIETARY SUPPLEM

Supplement Facts

Serving Size: 1 Vegan Capsule

Servings Per Container: 60

	Amount per serving % Daily	% Daily Value	
	Vitamin D3 (from Lichen) (Cladonia rangiferina) 125 mcg	626%	
1	Vitamin K2 MK-7 (as MenaQ7® Menaquinone-7)‡ 100 mcg	83%	
	Nettle Leaf (4:1 Extract) (Urtica dioica) 250 mg	†	

† Daily Value not established

OTHER INGREDIENTS: VEGETABLE CELLULOSE (CAPSULE), MAGNESIUM STEARATE.

DISTRIBUTED BY: NESTED NATURALS INC. 301-525 SEYMOUR STREET, VANCOUVER, BC V6B 3H7 1-866-992-3677 | support@nestednaturals.com

Store in a cool, dry place. Avoid excessive heat. Do not use if safety seal is broken.

MenaQ7® is a trademark of NattoPharma ASA, Norway; Patented in the United States and Canada.

US Patent Number: 8,354,129; Canada Patent Number: 2,347,387)

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish should be sho fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

> 1-866-992-3677 WWW.NESTEDNATURALS.COM









