

Nested Naturals Natural Mood Lift is made with love and formulated to nurture a state of happiness, calm, and well-being. It relaxes the mind & body and increases the serotonin levels in your brain to lift your mood, reduce stress, and counter the feelings of depression, anxiety, and tension.*

- ✓ 5-HTP and L-Methionine help increase serotonin levels naturally which may reduce depressed moods, irritability and anxiety.*
- ✓ Amino Acids, Vitamins and Minerals work together harmoniously to help ease you into a calm and relaxed state.*
- ✓ Vitamins B5 and B6 have been shown to help rebuild your energy levels.*

Suggested Use: Take 1 vegan capsule daily with water.

Warning: Use only as directed. Consult your physician before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. For adult use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1-866-992-3677
WWW.NESTEDNATURALS.COM

Nested
NATURALS

MOOD LIFT

RELAX* • MOOD* • STRESS*



DIETARY SUPPLEMENT 60 VEGAN CAPSULES

Supplement Facts

Serving Size: 1 Vegan Capsule
Servings Per Container: 60

Amount per serving	% Daily Value [†]	
Vitamin B6 (pyridoxine hydrochloride)	50mg	2941%
Vitamin B5 (as calcium pantothenate)	40mg	800%
Magnesium (as magnesium malate)	60mg	14%
L-Methionine	200mg	†
5-HTP (5-Hydroxytryptophan)		
(Griffonia Simplicifolia) (Seed)	100mg	†

† Percent Daily Values are based on a 2,000 calories diet

† Daily Value not established

OTHER INGREDIENTS: PLANT CELLULOSE, RICE POWDER

DISTRIBUTED BY: NESTED NATURALS INC.
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Store in a cool, dry place. Avoid excessive heat.
Do not use if safety seal is broken.

Allergies? We have you covered.

Does not contain wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, peanuts, tree nuts, yeast, barley or added sugar.

