SUGGESTED USE: As a dietary supplement for adults, take two (2) softgels daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		%DV
Calories	15	
Total Fat	1.5 g	2%**
Saturated Fat	1 g	5%**
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Choline (as choline bitartrate)	110 mg	20%
Full Spectrum Curcumin Providing:		
Total Curcuminoids	38.5 mg	***
Curcumin	32 mg	***
Bacopa monnieri (aerial) (BacoMind®	1 450 mg	***

Ingredients: Full Spectrum Curcumin (Polysorbate 80 (emulsifier), Turmeric Extract (Curcuma longa) [rhizome]), Medium Chain Triglycerides, Gelatin (Bovine), Bacopa monnieri (aerial) (BacoMind®), Choline Bitartrate, Vegetable Glycerin, Polysorbate 80, Yellow Beeswax, Caramel (for color), Annatto (for color), Methylcobalamin.

**Percent Daily Values (DV) are based on a 2,000

***Daily Value (DV) not established

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium,
Artificial Flavor, Artificial Sweetener and Preservatives.

Carefully Manufactured for: Solgar, Inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

calorie diet

For more information call toll-free, 1-877-SOLGAR 4 www.solgar.com

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SOLGB65764 00A Part No. 22-65764



Body Ready Makes the Difference

More, better, faster...that's the difference of Solgar® Full Spectrum Curcumin Brain Works. For the first time, Solgar transforms poorly absorbed curcumin from a fat-soluble to a water-soluble phytonutrient...making it immediately body-ready, faster absorbed and more active than ever before.

One of the challenges with curcumin...there's a limit to how much your body can absorb and actually use. If absorption goes up, greater levels of active curcumin can be released across multiple pathways to support brain health and help fight cell-damaging free radicals.

Unlike regular curcumin powder, Solgar starts with a 95% curcumin extract... the standardized active form, purified and concentrated from native turmeric root (*Curcuma longa*). For the first time,



Solgar surrounds and encapsulates standardized curcumin extract with microscopic, "water-loving" spheres called micelles. Micelles make the difference in absorption and are so microscopically small that they allow curcumin to be readily passed into the bloodstream. At this size, micelles are virtually invisible and have the ability to transform a dense and opaque powder into a crystal clear, body-ready liquid. The clearer the liquid...the greater the bioavailability...the greater the absorption. And, the greater the absorption...the greater the power of curcumin."

Faster absorbed, better absorbed, and longer lasting than ever before⁰—Full Spectrum Curcumin Brain Works. More…Better…Faster…⁰

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missina or damaged.



Curcumin

Brain Works



More, Better, Faster



NON-GMO • GLUTEN, WHEAT & DAIRY FREE

60 LIQUID EXTRACT SOFTGELS

DIETARY SUPPLEMENT

Curcumin

Now, Solgar® Full Spectrum Brain Works combines the power of Full Spectrum Curcumin with Bacopa (Bacomind®), Choline and Vitamin B12 to better support overall cognitive health and function. Solgar brings together the power of traditional medicine and contemporary science in a dramatically different delivery matrix...*

- Solgar® Full Spectrum Curcumin to support brain health and help fight cell-damaging free radicals.*
- Bacopa—traditionally used in eastern Ayurvedic practices for supporting memory and focus, especially mild memory and focus problems associated with aging.[†]
- Choline...an essential component of brain cell membranes and a precursor to brain cell neurotransmitter acetylcholine.*
- Body-ready B12 to help support healthy homocysteine metabolism.*Some research indicates a correlation of low homocysteine levels and positive cognitive health.*

Experience how simple staying sharp can be. Solgar® Full Spectrum Curcumin Brain Works...two softgels, once a dav...that's what great memories are made of.

NovaSOL™ is a trademark of AQUANOVA AG, Germany.

BacoMind® is a trademark of Suan Farma, Inc. and Natural Remedies Private Limited.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Traditional use claims are based on historical or traditional practices. Bacopa has been used in Ayurveda for centuries to support memory and focus.

ôThese statements are based on a human study of NovaSOL™ curcumin in comparison with native curcumin extract, using an objective measure (metabolite analysis).