

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		%DV
Calories	10	
Total Fat	1 g	1%**
Saturated Fat	1 g	5%**

Full Spectrum Curcumin Providing:

Total Curcuminoids	38.5 mg	***
Curcumin	32 mg	***
Melatonin	5 mg	***
GABA (Gamma-Aminobutyric Acid, PharmaGABA®)	100 mg	***
Apocynum venetum Leaf Extract (Venetron®)	50 mg	***

****Percent Daily Values (DV) are based on a 2,000 calorie diet**

*****Daily Value (DV) not established**

Ingredients: Full Spectrum Curcumin (Polysorbate 80 (emulsifier), Turmeric Extract (*Curcuma longa*) [rhizome]), Gelatin (Bovine), Vegetable Glycerin, GABA (Gamma-Aminobutyric Acid, PharmaGABA®), Medium Chain Triglycerides, Rafuma Leaf Extract (as Venetron®), Polysorbate 80, Silica, Melatonin, Caramel (for color), Annatto (for color).

FREE OF: Gluten, Wheat, Dairy, Soy, Sugar, Sodium, Artificial Flavor, Artificial Sweetener and Preservatives.

Carefully Manufactured for:
**Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.**

For more information
call toll-free, 1-877-SOLGAR 4
www.solgar.com
©2018 Solgar, Inc.

SOLGB65719 00A

Part No. 22-65720



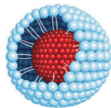
Body Ready Makes the Difference

One of the challenges with curcumin... there's a limit to how much your body can absorb and actually use. If absorption goes up, greater levels of active curcumin can be released across multiple pathways to support joint, brain and immune health. Finally, Solgar® takes bioavailability and absorption to a whole new level.*

Unlike regular curcumin powder, Solgar® starts with a 95% curcumin extract...the standardized active form, purified and concentrated from native turmeric root (*Curcuma longa*). For the first time, Solgar® surrounds and encapsulates standardized curcumin extract with microscopic, "water-loving" spheres called micelles. Micelles make the difference in absorption and are so microscopically small that they allow curcumin to be readily passed into the bloodstream. At this size, micelles are virtually invisible and have the ability to transform a dense and opaque powder into a crystal clear, body-ready liquid. The clearer the liquid...the greater the bioavailability. The greater the bioavailability...the greater the absorption. And, the greater the absorption...the greater the power of curcumin.*

Faster absorbed, better absorbed, and longer lasting than ever before^①—Full Spectrum Curcumin. More...Better...Faster^②

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when using this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.



FULL SPECTRUM Curcumin

Sleep Ease



NON-GMO • GLUTEN, WHEAT & DAIRY FREE

30 LIQUID EXTRACT SOFTGELS

DIETARY SUPPLEMENT

FULL SPECTRUM Curcumin

More, better, faster... that's the difference of Solgar® Full Spectrum Curcumin. In fact, its absorption and bioavailability reach levels never achieved before. Solgar® transforms poorly absorbed curcumin from a fat-soluble to a water-soluble phytonutrient... making it immediately body-ready, faster absorbed and more active than ever before.

Now, Solgar® Sleep-Ease combines the power of Full Spectrum Curcumin with the sleep-inducing benefit of melatonin along with PharmaGABA® and Venetron® to help with occasional sleeplessness so you fall asleep faster... and stay asleep longer. Taken at night, body-ready levels of curcumin are released across multiple pathways throughout your sleep cycle, while melatonin supports calm, tranquil rest. So, you wake up in the morning feeling renewed and refreshed.*

Now for brain, joint and immune health, Solgar® changes what you believed was possible from curcumin... forever. Solgar® Sleep-Ease Full Spectrum Curcumin... one softgel, once at night... a good night's sleep can now be that comfortable.*

NovaSOL™ is a trademark of AQUANOVA AG, Germany.

PharmaGABA® is a registered trademark name of Pharma Foods International Co., Ltd.

Venetron® is a registered trademark of Takiwa Phytochemical Co., Ltd.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

①These statements are based on a human study of NovaSOL™ curcumin in comparison with native curcumin extract, using an objective measure (metabolite analysis).