

Report any adverse reactions to 860-623-6314

Notice: Color, size or shape may appear different between lots.

Does not contain gluten.

BSP060-1



designs for health®



B-Supreme

Dietary Supplement
For Professional Use Only

60 Vegetarian Capsules

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamin HCL)	100 mg	6667%
Riboflavin (Vitamin B-2)	50 mg	2941%
(as Riboflavin HCL 35 mg; Riboflavin-5-Phosphate 15 mg)		
Niacin (Vitamin B-3)(as Niacinamide)	50 mg	250%
Vitamin B-6	50 mg	2500%
(as Pyridoxine HCL 40 mg; Pyridoxal-5-Phosphate 10 mg)		
Folate (NatureFolate™ blend)	200 mcg	50%
Vitamin B-12 (as Methylcobalamin)	250 mcg	4167%
Biotin (as d-Biotin)	2 mg	667%
Pantothenic Acid (Vitamin B-5)	100 mg	1000%
Choline	200 mg	*
Trimethylglycine	200 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, silicon dioxide, vegetable stearate.

Recommended Use: As a dietary supplement, take one capsule per day with a meal, or as directed by your health care practitioner.



Formulated and distributed by:

Designs for Health, Inc.

980 South Street, Suffield, CT 06078

www.designsforhealth.com

Manufactured in an NSF GMP Registered Facility

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.