

designs for health®



Ultra B12-Folate

Dietary Supplement
For Professional Use Only

90 Vegetarian Capsules

Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Folate	400 mcg	100%
(NatureFolate™ blend)		
Vitamin B-12	2000 mcg	33333%
(as Adenosylcobalamin and Methylcobalamin)		

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetable stearate.

Recommended Use: As a dietary supplement, take one capsule per day with a meal, or as directed by your health care practitioner.

Adenosylcobalamin and methylcobalamin are the coenzyme forms of vitamin B-12. These are the activated forms which your body uses to perform a wide variety of functions. Designs for Health's Ultra B12-Folate combines both coenzyme forms of B-12 into one supplement to maximize the benefits of B-12 in the body.

Does not contain gluten.

Report any adverse reactions to
860.623.6314

Notice: Color, size or shape may appear different between lots.

B12090-1



Formulated and distributed by:
Designs for Health, Inc.
980 South Street, Suffield, CT 06078
www.designsforhealth.com
Manufactured in an NSF GMP Registered Facility

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.