

HIGH STRENGTH

Magnesium 100mg

Essential mineral for teeth
and bones

**180 Tablets****Product Information**

Magnesium is an essential mineral which is believed may help to support the maintenance of healthy bones. Magnesium is also thought to play a role in the body's process of calcium absorption.

Ingredients - Each Tablet Contains:

Magnesium Oxide 167mg providing 100mg of elemental Magnesium (27% RDA), Microcrystalline Cellulose, Magnesium Stearate.

**Suggested Daily Intake**

Take two to four tablets daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

AutoDespatch

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