

Recommended Dosage: As a dietary supplement, take six (6) No. 200, Futura 200 Multi-Vitamin/ Mineral Formula with Other Cell Function Factors, daily, with 8 oz. of water or juice. For optimum results, use this product with other Wachters' products.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No. 200, Futura 200 Multi-Vitamin/Mineral Formula with Other Cell Function Factors is an exclusive, scientific formulation consisting of herbal and natural ingredients that can help replace essential cell function factors, for optimum cell function and overall health. This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation™, a unique combination of organic compounds comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

This multi-vitamin/mineral formula meets or exceeds the Recommended Daily Value for seventeen (17) different vitamins and minerals. It also includes 100% of the Daily Value for Folic Acid, which is essential as an aid in the prevention of neural-tubular defects in infants, and combines other quality ingredients that are designed to support your body's system in a natural way. Futura 200 Multi-Vitamin/Mineral Formula with Other Cell Function Factors is an important part of the Wachters' Health and Wellness Program.

Wachters' Organic Sea Products' dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of Futura 200 Multi-Vitamin/Mineral Formula with Other Cell Function Factors.

Manufactured By:
Wachters' Organic Sea Products
Daly City, CA 94014
1-800-682-7100
www.wachters.com

Made in U.S.A.
Code #5890



WACHTERS'



No. 200

Futura 200

Multi-Vitamin/Mineral Formula with Other Cell Function Factors

180 TABLETS/30 PACKETS

Supplement Facts

Serving Size: 1 Packet (6 Tablets)	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	18000 IU	360%
Vitamin C (as ascorbic acid, acerola, rose hips)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	200 IU	667%
Thiamin (as mononitrate)	15 mg	1000%
Riboflavin (as riboflavin)	20 mg	1176%
Niacin (as niacin and niacinamide)	200 mg	1000%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	830%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	1000%
Calcium (as phosphate, amino acid chelate)	500 mg	50%
Iron (as Ferronyl®)	18 mg	100%
Phosphorus (as phosphate, amino acid chelate)	270 mg	27%
Magnesium (as oxide, amino acid chelate)	200 mg	50%
Zinc (as amino acid chelate)	20 mg	133%
Selenium (as amino acid chelate)	100 mcg	142%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as amino acid chelate)	4 mg	200%
Chromium (as chromium complex™)*	50 mcg	42%
Potassium (as chloride, amino acid chelate)	150 mg	4%
Para-Aminobenzoic Acid	100 mg	*
Choline Bitartrate	450 mg	*
Inositol	200 mg	*
Lutein (FloraGLO®)**	6 mg	*
Proprietary Blend consisting of:	3720 mg	*
Wachters' Exclusive Blend of Sea Vegetation™, Deoxyribonucleic Acid, Lecithin, Micro Algae, Ribonucleic Acid, Chlorophyll, Alfalfa Leaf Juice Concentrate (<i>Medicago sativa</i>), Aloe Vera, Whole Leaf, L-Lysine, L-Phenylalanine, L-Cystine, Yucca Root (<i>Yucca schidigera</i>), Lemon Bioflavonoids, Rutin, Hesperidin Complex, Xanthophyll, Chlorophyll Complex, Carrot Powder, Bromelain, Papain, Malt Diastase, Cellulase, Betaine HCL and Superoxide Dismutase		

* Daily Value not established

™Wachters' Exclusive Blend of Sea Vegetation™ is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Ferronyl® is a registered trademark of ISP Corporation

* Chromium Complex™ is a proprietary blend of chromium (as nicotinate, picolinate +, amino acid chelate, aspartate, polynicotinate)

+ Chromium Picolinate U.S. Patent No. Re: 33,988 by Nutrition 21

++ Lutein (FloraGLO) is a registered trademark of Kemin Foods L.C.