

SUGGESTED USE: As a dietary supplement, take one (1) tablet three (3) times daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Source For Wellness

El Cerrito, CA
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www.source4wellness.com 13165-791A

SOURCE FOR WELLNESS



Stress-Free B w/C

Complete Stress Complex
with Calcium, Magnesium
and an Herbal Complex

Dietary Supplement

90 Tablets

Supplement Facts

Serving Size 3 Tablets

Amount Per Serving		%DV
Vitamin C (ascorbic acid)	500 mg	834%
Vitamin B-1 (thiamine mononitrate)	75 mg	5000%
Vitamin B-2 (riboflavin)	75 mg	4411%
Niacinamide	50 mg	250%
Vitamin B-6 (pyridoxine hydrochloride)	75 mg	3750%
Folic Acid	100 mcg	25%
Vitamin B-12 (cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (calcium panto)	50 mg	500%
Calcium (dicalcium phosphate)	600 mg	60%
Magnesium (oxide)	300 mg	75%
Choline Bitartrate	50 mg	*
Inositol (inositol monophosphate)	50 mg	*
Para-Aminobenzoic Acid	50 mg	*
Hops (herb powder)	75 mg	*
Chamomile (herb powder)	75 mg	*
Valerian Root (herb powder)	75 mg	*
Passion Flower (herb powder)	75 mg	*

* Daily Value not established

Other Ingredients: Magnesium stearate, cellulose, croscarmellose sodium, silicon dioxide, and stearic acid.