

HIGH STRENGTH

Fifty Plus Formula

Specifically designed for the 'Over 50's'



180 Tablets

Quality Assured

Product Information

It is increasingly difficult to obtain vital nutrients from the food we eat, therefore a daily multivitamin in conjunction with a balanced diet may offer an easy and convenient way of ensuring your body is getting the nutrients it needs to maintain good health.



Ingredients - Each Tablet Contains:

Microcrystalline Cellulose, Vitamin C 60mg (75% RDA) provided by Ascorbic Acid, Magnesium 25.9mg (7% RDA), Vitamin B3 (Nicotinamide) 18mg (112.5% RDA), Silica, Vitamin E (DL-Alpha-Tocopheryl) 5mg (42% RDA), Iron 4.47mg (32% RDA), Stearic Acid, Magnesium Stearate, Vitamin B6 (Pyridoxine Hydrochloride) 2mg (143% RDA), Vitamin B1 (Thiamin) 1.18mg (107% RDA), Vitamin A 800mcg (100% RDA), Zinc 0.72mg (7% RDA), Folic Acid 200mcg (100% RDA), Iodine 110mcg (73% RDA), Vitamin D3 (Cholecalciferol) 5mcg (100% RDA), Vitamin B12 (Cyanocobalamin) 1mcg (40% RDA).

Suggested Daily Intake

Take one tablet daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

www.simplysupplements.co.uk

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