

Molecularly Distilled | Guaranteed Purity

NORDIC NATURALS®



Research shows that healthy DHA levels in mothers during pregnancy and lactation support optimal brain and visual development in babies.\* Prenatal DHA in fish gelatin soft gels provides mood support for mothers before, during, and after pregnancy in small, easy-to-swallow soft gels.\*

- ✓ Healthy Pregnancy\*
- ✓ Fetal Development\*
- ✓ Healthy Immunity\*

**Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.**

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** Two fish gels daily, with food, or as directed by your health care professional or pharmacist.

**Store in a cool, dry place, away from sunlight**

**Do not take if tamper-evident seal is broken or missing**

**Keep out of the reach of children**

**Nordic Naturals products are never sold under any store brand**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, or use blood thinners.

# PRENATAL DHA

**830 mg Omega-3 + 400 IU D<sub>3</sub>**

Supports brain development in babies during pregnancy and lactation in fish gelatin soft gels\*

Superior Triglyceride Form

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway. Manufactured in the U.S. by: NORDIC NATURALS, Mfg. 111 Jennings Drive Watsonville, CA 95076 **800.662.2544** nordicnaturals.com



Dietary Supplement | 180 Soft Gels

## Supplement Facts

Serving Size: 2 Fish Gels  
Servings per container: 90

Amount Per Serving	% Daily Value**†	
Calories	10	
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	10 mcg (400 IU)	67%
Total Omega-3s	830 mg	†
EPA (Eicosapentaenoic Acid)	205 mg	†
DHA (Docosahexaenoic Acid)	480 mg	†
Other Omega-3s	145 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
1 Daily Value for pregnant women and lactating women.  
Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (fish gelatin from tilapia, glycerin, water), d-alpha tocopherol (antioxidant), vitamin D3 (olive oil, cholecalciferol).

No gluten, milk derivatives, or artificial colors or flavors.

Please ♻️ this container

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