Recommended Use: As a dietary supplement, take 1 capsule 1-2 times daily, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

#### 400375

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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#### www.nutricost.com



## nutricost

# **Ashwagandha** Root

600<sub>MG</sub> 120 per serving

capsules



120 Capsules | Dietary Supplement

## **Supplement Facts**

Serving Size: 1 Capsules Servings Per Container: 120 Amount Per Serving

\* Daily Value not established

Ashwagandha Root 600mg (2.5% Withanolides/Alkaloids)

Other Ingredients: Vegetable Capsule, Vegetable Magnesium Stearate, Olive Oil





