

# 5-HTP

## WITH VITAMIN B6

NEUROTRANSMITTER  
PRODUCTION<sup>†</sup>

### 100 MG

mood support<sup>†</sup>

**SPECIALTY**

**Dietary Supplement 60 Capsules**



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free



# Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B6 (from pyridoxine HCl)	20 mg	1176%
Calcium (as dicalcium phosphate)	70 mg	5%
Phosphorus (as dicalcium phosphate)	54 mg	4%
5-Hydroxytryptophan 100 mg (from <i>Griffonia simplicifolia</i> Extract)(seed)		*

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, gelatin, magnesium stearate, silicon dioxide.

**DIRECTIONS:** Take one (1) capsule daily, preferably in between meals.

**WARNING:** Do not use this product if you are pregnant or nursing or taking any antidepressant medications such as selective serotonin reuptake inhibitors (SSRI's), tricyclic antidepressants or monoamine oxidase inhibitors (MAOI). Consult your physician prior to use if you have any medical condition or are taking any medications.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT**

Do not use if outer seal is broken or missing.

Distributed by: The Vitamin Shoppe, Secaucus, NJ 07094  
Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com) or call 1-866-293-3367.

Item No. VS-2283

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