

FREEDA®



Now in  
CAPSULES

100% Vegetarian

# GLUCOSAMINE Plus MSM

Joint Health Supplement

250 VEG CAPS



NO GLUTEN  
NO LACTOSE  
NO ARTIFICIAL COLORS  
NO ARTIFICIAL FLAVORS  
NO ANIMAL DERIVATIVES  
NO SUGAR OR STARCH  
NO GELATIN  
NO YEAST

FREEDA HEALTH Manufactured in a GMP  
1-800-777-3737 certified facility in the USA   
Brooklyn, NY 11210 / [www.freedahealth.com](http://www.freedahealth.com)

VEGAN 

Unlike most of the glucosamine products on the market, Freeda's glucosamine is 100% vegetarian and contains no shellfish, snails, salt or sodium.

## Supplement Facts

Serving Size 3 Vegetable Capsules  
Servings per container 83

Amount Per Serving	% Daily Value
Glucosamine HCl	1500 mg *
M S M (methylsulphonylmethane)	750 mg *

\* daily value not established

Other ingredients: Vegetable cellulose capsule, cellulose, vegetarian stearate, silica.

**Suggested use:** Adults, take three (3) capsules daily preferably with food and liquid.

**KEEP OUT OF THE REACH OF CHILDREN**

Store product at room temperature.  
Do not expose to excessive heat or moisture.

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