

HEALTH RANGER SELECT

PERSONALLY SELECTED & RECOMMENDED BY MIKE ADAMS, THE HEALTH RANGER

ORGANIC QUINOA

Sourced from the Cajamarca regions of northern Peru, this quinoa offers a complete protein, fiber and complex carbohydrates that make it far superior to wheat, rice, corn or any other staple grain. Eat it as a hot cereal or use it in recipes.

Ingredient: Organic Quinoa.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. If pregnant or under a doctor's care, consult your physician before using this product. Do not use if the safety seal is broken. Keep out of reach of children.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).

Learn more online at:

HealthRangerStore.com

Distributed by: HEALTH RANGER STORE
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Certified Organic by Natural Food Certifiers, Inc.



LABORATORY
VERIFIED



Nutrition Facts

10 servings per container

Serving size 1.6 oz (45 g)

Amount per serving

Calories **166**

% Daily Value*

Total Fat 2.7g	4%
Saturated Fat 2.4g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 3.41mg	0%
Total Carbohydrate 31.5g	11%
Dietary Fiber 1.9g	8%
Total Sugars 0.4g	
Includes 0g Added Sugars	0%
Protein 6.1g	12%
Vitamin D 0mcg	0%
Calcium 21.2mg	2%
Iron 2.1mg	12%
Potassium 253.4mg	7%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product of Bolivia



NET WT. 16 OZ (454 G)

