

VANILLA
Naturally & Artificially Flavored

NEW!
PORTABLE PROTEIN

40g
PROTEIN†

100%
FEATURING
WHEY

BODY X FORTRESS®

QUICK DISSOLVING

**PROTEIN
PAKS**

FEATURING 100% PREMIUM WHEY

40g
PROTEIN†

9g
BCAAs†

†Per 2 PAKs



DROP, SHAKE & FUEL



BUILD LEAN MUSCLE



POST-WORKOUT
RECOVERY

18 PAKS

SINGLE SERVING / QUICK DISSOLVING

PROTEIN POWDER 18 - 0.97oz. [27.5g] PAKS - Net Wt. 17.5 oz. [495g]

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Nutrition Facts

18 Servings per container

Serving size

1 PAK (27.5g)

	Per 1 PAK		Per 2 PAKs	
Calories	100		210	
	%Daily Value*		%Daily Value*	
Total Fat	1g	1%	2g	3%
Saturated Fat	0.5g	3%	1g	5%
Trans Fat	0g		0g	
Cholesterol	35mg	12%	70mg	23%
Sodium	100mg	4%	200mg	9%
Total Carbohydrate	2g	1%	4g	1%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	<1g		2g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	20g	40%	40g	80%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	90mg	6%	180mg	15%
Iron	0.1mg	1%	0.2mg	1%
Potassium	115mg	2%	230mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Super Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate), Natural and Artificial Flavors, Cellulose Gum, Polyvinyl Alcohol, Soy Lecithin, Silica, Sunflower Lecithin, Acesulfame Potassium, Propylene Glycol, Vegetable Glycerin, Water, Sucralose, Xylitol, Sorbitol, Polysorbate 80.

Contains milk and soy ingredients.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 27.5 G PAK***)

ESSENTIAL AMINO ACIDS

Histidine	380 mg
Isoleucine	1,230 mg
Leucine	2,270 mg
Lysine	1,970 mg
Methionine	470 mg
Phenylalanine	680 mg
Threonine	1,470 mg
Tryptophan**	360 mg
Valine	1,250 mg

NONESSENTIAL AMINO ACIDS

Alanine	1,050 mg
Arginine	530 mg
Aspartic Acid	2,230 mg
Cysteine	440 mg
Glutamic Acid	3,700 mg
Glycine	380 mg
Proline	1,220 mg
Serine	1,070 mg
Tyrosine	620 mg

**L-Tryptophan is naturally occurring, not added.

***approximate values

BODY X FORTRESS®

YOUR BODY - YOUR FORTRESS.®



Carefully Manufactured for
United States Nutrition, Inc.
Bohemia, NY 11716 U.S.A.
1-800-215-5980



GLUTEN FREE



Manufactured according to
cGMP standards as required
for all dietary supplements.

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DIRECTIONS: Add one (1) PAK to 6-8 ounces or two (2) PAKs to 14-16 ounces of your favorite beverage. Shake or blend thoroughly until fully dissolved.

For best results, mix using a shaker cup or blender. Do not cut or tear open the dissolvable film prior to mixing.

This product is intended to be consumed as a beverage once PAKs are fully dissolved in liquid. Do not eat whole or swallow for risk of choking.

GOODS ARE NOT FOR USE IN PRODUCTS INTENDED FOR CONSUMPTION BY INFANTS, CHILDREN, OR PREGNANT OR LACTATING WOMEN.

*Nielsen Expanded All Outlets Combined 52 Weeks Ending 9/29/18, excluding online sales

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF PACKAGE IS TORN OR OPEN.

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

QUICK DISSOLVING
**PROTEIN
PAKS**
FEATURING 100% PREMIUM WHEY

AMERICA'S #1
MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

INTRODUCING BODY FORTRESS® PROTEIN PAKS!

The portable protein solution that makes taking your protein powder on-the-go easier and more convenient than ever – No more digging for buried scoops or messy spills. Each individual serving is built with Premium Whey Protein and packaged in fully dissolvable PAKs made from 100% food grade ingredients – simply drop it in, shake it up and begin building your fortress.

Take **PROTEIN PAKS** with you anywhere
and use anytime



AT HOME



ON THE GO



AT THE GYM

QUICK DISSOLVING
**PROTEIN
PAKS**
FEATURING 100% PREMIUM WHEY

AMERICA'S #1
MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

1 PAK | 2 PAKS

20g

PROTEIN BCAAs

4g

PROTEIN BCAAs

40g

PROTEIN BCAAs

9g

PRE-MEASURED FOR PRECISE DOSING



DROP, SHAKE &
FUEL



BUILD LEAN
MUSCLE



POST-WORKOUT
RECOVERY