

**MILK  
THISTLE  
EXTRACT  
175 MG**

liver health <sup>v</sup>

antioxidant support <sup>v</sup>

**HERB**

**Dietary Supplement 100 Capsules**



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Milk Thistle Extract <i>(Silybum marianum)</i> (seed) std. to 80% Silymarin (140 mg)	175 mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, gelatin, magnesium stearate, silicon dioxide.

This natural product may vary in color.

<sup>v</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** Take one (1) capsule up to three (3) times daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT**

Do not use if outer seal is broken or missing.

Distributed by: The Vitamin Shoppe  
Secaucus, NJ 07094  
Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com)  
or call 1-866-293-3367.

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