

THE VITAMIN SHOPPE®

MSM

**BIOAVAILABLE
SOURCE OF SULFUR
500 MG**

joint support[✓]

healthy cartilage[✓]

SPECIALTY

Dietary Supplement 120 Capsules



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
MSM (OptiMSM®) (Methylsulfonylmethane)	500 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Rice flour,
gelatin (capsule), magnesium stearate.

DOES NOT CONTAIN: Gluten, Sugar, Salt,
Preservatives, Artificial Colors or Flavors.

✓ These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

DIRECTIONS: Take one (1) capsule up to three (3) times
daily, preferably with meals.

WARNING: Do not use this product if you are allergic to
sulfur. Consult your healthcare provider prior to use if you
are pregnant, nursing, taking any medication or have any
medical conditions.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

OptiMSM OptiMSM® is a registered trademark
of Bergstrom Nutrition.

Distributed by: The Vitamin Shoppe, Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-866-293-3367.

Item No. VS-2973

1967314

