

plnt®
Pure Living™

Liquid

Kava

- Stress Support®
- Promotes Relaxation®

Net 1 fl. oz. (30 mL)
Liquid Dietary Supplement



Gluten
Free

Dairy
Free

Soy
Free

Nut
Free

Supplement Facts

Serving Size 1 mL (approx. 30 drops)
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Kava Root	1 mL	*
(Piper methysticum)		
Equivalent to 500 mg dry root		

* Daily Value not established.

Other ingredients: Deionized water,
organic cane alcohol (55-65% by volume).

Natural variability in color may occur in this product.
This does not reflect a variation in potency.

© **These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.**

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) dropperful
(30 drops) up to three (3) times daily.

WARNING: Consult your healthcare provider
prior to use if you are pregnant, nursing, taking
any medication or have any medical conditions.

CRN KAVA WARNING: Not for use by pregnant or
nursing women, or persons under the age of 18.
Consult a health care practitioner prior to use if you
have or have had liver problems, frequently use
alcoholic beverages or are taking any medication.
Stop use and see a health care practitioner if
you develop symptoms that may signal liver
problems, including jaundice (yellowing of the skin
or whites of the eyes) and brown urine, as well as
other non-specific symptoms including nausea,
vomiting, light-colored stools, unusual tiredness,
weakness, stomach or abdominal pain, and loss
of appetite. Excessive use, or use with products
that cause drowsiness, may impair your ability
to operate a vehicle or heavy equipment. Not for
use with alcoholic beverages. The US FDA advises
that a potential risk of rare but severe liver injury
may be associated with kava-containing dietary
supplements.

Distributed by:

The Vitamin Shoppe Secaucus, NJ 07094

Visit vitaminshoppe.com or call 1-866-293-3367.



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