

5 LB. VALUE SIZE

BODY X FORTRESS®

SUPER ADVANCED

WHEY PROTEIN

FEATURES 100% PREMIUM WHEY
ZERO ADDED SOY PROTEIN△

60g
PROTEIN*

12g
BCAAs*

- BUILD LEAN MUSCLE & STRENGTH◇
- BOOST POST-WORKOUT RECOVERY◇
- ZERO ASPARTAME
ZERO GLUTEN

*PER 2 SCOOPS

VANILLA
Naturally & Artificially Flavored

PROTEIN SUPPLEMENT/ NET WT. 5 lb. (80 oz.) [2,268 g]
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Serving Size	1 Scoop (49 g)	2 Scoops (98 g)
Servings Per Container	about 46	about 23
Amount Per Serving	%Daily Value	%Daily Value
Calories	210	420
Calories from Fat	45	90
Total Fat	5 g 8% **	10 g 15% **
Saturated Fat	2.5 g 13% **	5 g 25% **
Cholesterol	135 mg 45%	270 mg 90%
Total Carbohydrate	8 g 3% **	17 g 6% **
Dietary Fiber	0 g 0% **	0 g 0% **
Sugars	3 g ***	7 g ***
Protein	30 g 60% **	60 g 120% **
Calcium	128 mg 13%	257 mg 26%
Phosphorus	99 mg 10%	198 mg 20%
Magnesium	19 mg 5%	38 mg 10%
Sodium	105 mg 4%	215 mg 9%
Potassium	140 mg 4%	280 mg 8%
Super Recovery Blend	4.5 g ***	9 g ***
Creatine	1.5 g ***	3 g ***
(as Creatine Monohydrate)		
Taurine	1.5 g ***	3 g ***
L-Glutamine	1.5 g ***	3 g ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Natural and Artificial Flavors, Soy Lecithin, Cellulose Gum, Acesulfame Potassium, Sucralose. Contains milk and soy ingredients.

△Contains soy lecithin for enhanced mixability.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP****)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 450 mg	Alanine 1,310 mg
Isoleucine 1,690 mg	Arginine 655 mg
Leucine 3,095 mg	Aspartic Acid 3,080 mg
Lysine 2,700 mg	Cysteine 620 mg
Methionine 595 mg	Glutamic Acid 5,810 mg
Phenylalanine 860 mg	Glycine 530 mg
Threonine 1,685 mg	Proline 1,710 mg
Tryptophan**** 350 mg	Serine 1,405 mg
Valine 1,585 mg	Tyrosine 820 mg

****L-Tryptophan is naturally occurring, not added.
****approximate values

BODY X FORTRESS®

YOUR BODY • YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended.

Cover and shake for 25-30 seconds.

Cover and blend for 20-30 seconds.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Contents are sold by weight. Some settling may occur.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

△These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards, as required for all dietary supplements.



GLUTEN FREE



from select ingredients from around the world.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980



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YOU GIVE 100% IN TRAINING: BODY FORTRESS® GIVES YOU 100% RIGHT BACK. SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY ENHANCED WITH CREATINE AND OTHER CRITICAL AMINO ACIDS. OUR NO-NONSENSE FORMULA GIVES YOU THE POWER TO TRAIN HARDER AND REBUILD LEAN MUSCLE FASTER, BECAUSE TOMORROW'S WORKOUT STARTS WITH TODAY'S RECOVERY.*◇

PREMIUM WHEY PROTEIN TO BUILD LEAN MUSCLE & STRENGTH◇

AMINO ACIDS – PLUS CREATINE FOR IMPROVED TRAINING RECOVERY*◇

12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN*

CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY AND UNLIKE KEY COMPETITORS OUR FORMULA CONTAINS ZERO ADDED SOY PROTEIN.△ WHEY PROTEIN IS THE PREFERRED SOURCE FOR SPORTS NUTRITION AS IT PROVIDES A HIGHER CONCENTRATION OF BCAAs ESSENTIAL FOR SUPPORTING STRENGTH AND TRAINING PERFORMANCE.◇

WHEY BETTER WITH BODY FORTRESS®

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
PROTEIN PER SERVING	30g	30g	25g
Features 100% WHEY PROTEIN	●	●	●
Enhanced with a Non-Proprietary Blend of CREATINE & AMINO ACIDS	●	●	●
Contains ZERO ADDED SOY PROTEIN △	●	●	●
Contains ZERO ADDED CORN SYRUP SOLIDS	●	●	●

† contains proprietary amino acid blend

PRE:



HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?

ADD NOS BLAST to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.◇ Make every workout your best performance with NOS Blast.

*PER 2 SCOOPS