TRUE ATHLETE

GLUTAMINE SPORT

△ hydration

∡ recovery

NO artificial colors, flavors or sweeteners CERTIFIED

dietary supplement NET WT 13 oz. (368 g)

Supplement Facts

Serving Size: 1 Scoop (6.1 g)
Servings Per Container About 60

* Daily Value not established.

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	90 mg	100%
Sodium (as sodium chloride)	50 mg	2%
Potassium (as potassium citrate)	100 mg	2%
L-Glutamine (fermented)	4000 mg	*
L-Alanine	900 mg	*
Coconut Water Powder	100 mg	*
L-Sustamine® (L-Alanyl-L Glutamine)	100 mg	*

Other Ingredients: Calcium silicate, silicon dioxide.
Contains: Tree Nuts (Coconut).
Does not contain: Gluten, Sugar, Artificial Colors, Flavors or

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Mix one (1) scoop (6.1 g) with 6-8 oz. of water or your favorite beverage and consume daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

- Features Sustamine® for rapid glutamine absorption and hydration support. Sustamine® is a dipeptide ingredient combining L-alanine and L-glutamine.
- Glutamine Sport provides fermented glutamine from plant sources as well as the dipeptide glutamine ingredient Sustamine®, which is supported by research to have rapid absorption rates as well as benefits for hydration. Glutamine sport also provides coconut water powder and electrolytes to support hydration.
- Muscle recovery
- ▲ Immune system support
- ▲ Anti-catabolic

NSF Certified for Sport® products have been rigorously tested for more than 270 banned substances and potentially harmful contaminants.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Sustamine® is a registered trademark of Kyowa Hakko Bio Co., Ltd.

Distributed by: The Vitamin Shoppe Secaucus, NJ 07094 Visit www.vitaminshoppe.com

or call 1-866-293-3367.

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