



Herb Specialists Since 1972

p-Aminobenzoic Acid (PABA)	83 mg	†
Inositol	12 mg	†
Coenzyme Q ₁₀	3.3 mg	†
L-Cysteine Hydrochloride	250 mg	†
L-Methionine	59 mg	†
†Daily Value not established.		

Other Ingredients: Cellulose, vegetable stearic acid, vegetable magnesium stearate, citrus bioflavonoids, rutin, magnesium silicate, silicon dioxide, adrenal substance, spleen substance, thymus substance, cod liver oil (**from fish**), ginkgo leaf (*Ginkgo biloba*), hawthorn berries (*Crataegus laevigata*, *C. monogyna*).

GUARANTEED PURE

Circulatory System Support*

RECOMMENDATION: Begin by taking one tablet twice daily for one week. Then take one tablet three times daily for the second week. Gradually increase to four tablets with meal once daily. Maintain this level for three to four months. Then gradually taper off in a similar manner.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

For optimum freshness, refrigerate after opening.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.



MEGA CHEL[®]
Vitamin, Mineral, and Herbal Supplement with other nutrients

Dietary Supplement
120 TABLETS

Stock No. 4201
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225 naturessunshine.com

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 30

Amount Per 4 Tablets	%Daily Value	
Vitamin A (palmitate, beta-carotene)	3600 mcg RAE	400%
Vitamin C (ascorbic acid)	1240 mg	1378%
Vitamin D ₃ (cholecalciferol)	5.4 mcg	27%
Vitamin E (d-alpha tocopheryl acetate)	96 mg	640%
Thiamin (B ₁ , thiamine mononitrate)	66 mg	5500%
Riboflavin (B ₂)	16 mg	1231%
Niacin (niacinamide)	33 mg NE	206%
Vitamin B ₆ (pyridoxine hydrochloride)	50 mg	2941%
Folic Acid	186 mcg DFE	47%
	(112 mcg as folic acid)	
Vitamin B ₁₂ (cyanocobalamin)	80 mcg	3333%
Biotin	33 mcg	110%
Pantothenic Acid (d-calcium pantothenate)	166 mg	3320%
Calcium (dicalcium phosphate, amino acid chelate, d-calcium pantothenate)	120 mg	9%
Iron (ferrous fumarate)	3 mg	17%
Phosphorus (dicalcium phosphate)	84 mg	7%
Iodine (potassium iodide)	42 mcg	28%
Magnesium (oxide, amino acid chelate)	128 mg	30%
Zinc (oxide, gluconate)	8.8 mg	80%
Selenium (amino acid chelate)	80 mcg	145%
Copper (gluconate)	.08 mg	9%
Manganese (amino acid chelate)	1.4 mg	61%
Chromium (amino acid chelate)	67 mcg	191%
Potassium (gluconate)	128 mg	3%

LOT:
Best By: