

FREEDA®



SCD B Complex™ with C & Zinc

Vitamin Supplement
250 VEG CAPS

NO GLUTEN
NO LACTOSE
NO ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS
NO ANIMAL DERIVATIVES
NO SUGAR OR STARCH
NO GELATIN
NO YEAST

Suggested use: Adults, take one (1) capsule daily preferably with food and liquid.

**This product meets the specifications of
THE SPECIFIC CARBOHYDRATE DIET**

KEEP OUT OF THE REACH OF CHILDREN

Store product at room temperature.
Do not expose to excessive heat or moisture.

FREEDA HEALTH Manufactured in a GMP
1-800-777-3737 certified facility in the USA
Brooklyn, NY 11210 / www.freedeahealth.com



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PAREVE

Supplement Facts

Serving Size 1 Vegetable Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	300 mg	333%
Vitamin B1 (as Thiamin HCl)	25 mg	2083%
Vitamin B2 (Riboflavin)	25 mg	1923%
Vitamin B3 (as Niacinamide)	100 mg	625%
Vitamin B6 (as Pyridoxine HCl)	25 mg	1471%
Folate (as 400 mcg Folic Acid)	667 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	25 mcg	1042%
Biotin	25 mcg	83%
Vitamin B5 (as Calcium Pantothenate)	25 mg	500%
Calcium (as Calcium Ascorbate)	30 mg	2%
Zinc (as Zinc Citrate)	15 mg	136%
Choline (as Choline Dihydrogen Citrate)	5 mg	1%

Other ingredients: Vegetable cellulose capsule, cellulose, vegetarian stearate, silica.



VEGAN