

60g
PROTEIN*
FEATURING 100%
WHEY
*PER 2 SCOOPS

COOKIES N CREME
Naturally & Artificially Flavored

NEW!
IMPROVED FORMULA

60g
PROTEIN*
FEATURING 100%
WHEY
*PER 2 SCOOPS

COOKIES N CREME
Naturally & Artificially Flavored

60g
PROTEIN*
FEATURING 100%
WHEY
*PER 2 SCOOPS

ENHANCED MIXABILITY

WHEY PROTEIN THAT RECOVERS HARD

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH CREATINE, GLUTAMINE, TAURINE AND ELECTROLYTES, BODY FORTRESS® SUPER ADVANCED WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER.❶

SUPER ADVANCED WHEY PROTEIN *per 2 scoops

PROTEIN AND
AMINO ACID
PROFILE

60g
PROTEIN*

12g
BCAAs
FROM PROTEIN*

BODY FORTRESS®
SUPER RECOVERY
BLEND
Replenishes Amino
and Restores Energy

30 GLUTAMINE*
30 CREATINE
MONOHYDRATE*
30 TAURINE*

THE BODY FORTRESS® WORKOUT OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.

ARE YOU TRAINING FULL BLAST?

Complete your stack with our pre- and intra-workout powders to make your workout work harder for you.

PRE-
WORKOUT
AMPLIFIER



INTRA-
WORKOUT
HYDRATION

FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW



Instagram

@OFFICIALBODYFORTRESS

*PER 2 SCOOPS

AMAZING NEW TASTE

ENHANCED MIXABILITY

AMAZING NEW TASTE

BODY X FORTRESS®

SUPER ADVANCED

WHEY
PROTEIN

FEATURES 100% PREMIUM WHEY
INSTANTIZED FOR EASY MIXING

60g
PROTEIN*

12g
BCAAs*

COOKIES N CREME
Naturally & Artificially Flavored

NSF

Commitment to Excellence



BUILD LEAN MUSCLE & STRENGTH❶



BOOST POST-WORKOUT RECOVERY❶



ZERO ASPARTAME

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 2 lb. [32 oz.] [907g]

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

	1 Scoop (50 g) Servings Per Container about 18	2 Scoops (100 g) about 9
Amount Per Serving	%Daily Value	%Daily Value
Calories	200	400
Total Fat	3g 4%**	6g 8%**
Saturated Fat	1.5g 7%**	3g 15%**
Cholesterol	90mg 31%	185mg 62%
Total Carbohydrate	8g 3%**	16g 6%**
Total Sugars	3g	6g
Includes Added Sugars	<1g 2%**	2g 4%**
Protein	30g 60%**	60g 120%**
Calcium	160mg 12%	310mg 24%
Sodium	120mg 5%	250mg 11%
Potassium	210mg 4%	420mg 9%
Super Recovery Blend	4.5g ***	9g ***
Creatine	1.5g ***	3g ***
(as Creatine Monohydrate)		
L-Glutamine	1.5g ***	3g ***
L-Taurine	1.5g ***	3g ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Wheat Flour, Natural and Artificial Flavors, Sugar, Sunflower Lecithin, Fractionated Palm Kernel Oil, Sunflower Oil, Cellulose Gum, Cocoa (processed with alkali), Acesulfame Potassium, Salt, Sucralose, Sodium Bicarbonate, Soy Lecithin, Sodium Caseinate, Mono- and Diglycerides, Tocopherols (added to protect flavor), Calcium Phosphate. Contains milk, wheat and soy ingredients.

Made in a facility that also processes peanuts, tree nuts, egg, and sesame.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 50 g SCOOP**)**

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 594 mg	Alanine 1,392 mg
Isoleucine 1,631 mg	Arginine 829 mg
Isoleucine 3,116 mg	Aspartic Acid 3,299 mg
Lysine 2,723 mg	Cystine 666 mg
Methionine 631 mg	Glutamic Acid 6,427 mg
Phenylalanine 985 mg	Glycine 541 mg
Threonine 2,178 mg	Proline 1,723 mg
Tryptophan**** 525 mg	Serine 1,546 mg
Valine 1,725 mg	Tyrosine 895 mg

****L-Tryptophan is naturally occurring, not added.
*****approximate values

BODY X FORTRESS®

YOUR BODY • YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder. **WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Contents are sold by weight. Some settling may occur.

❶These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards, all ingredients are for all dietary supplements.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

