

HEALTH RANGER SELECT

PERSONALLY SELECTED & RECOMMENDED BY MIKE ADAMS, THE HEALTH RANGER

100% ORGANIC RED LENTILS

Laboratory tested for cleanliness and carefully sourced directly from top growers, the Health Ranger's 100% organic, non-GMO selection of red lentils is packed with nutrients.

Ingredient: 100% Organic Red Lentils.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).



Distributed by: HEALTH RANGER STORE
3820 CENTRAL AVE. #109, CHEYENNE, WY 82001
1-888-959-6415 (USA & CANADA), 307-222-0422
HEALTHRANGERSTORE.COM

Certified Organic by Natural Food Certifiers, Inc.

Product of Turkey



NET WT. 1 LB (453 G)



Nutrition Facts

10 servings per container

Serving size 1/4 cup (45g)

Amount per serving

Calories **163**

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 1g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 27g | 9% |
| Dietary Fiber 7g | 27% |
| Total Sugars 1g | |
| Includes 0g Added Sugars | 0% |
| Protein 12g | 25% |
| Vitamin D 0mcg | 0% |
| Calcium 19mg | 2% |
| Iron 3mg | 14% |
| Potassium 412mg | 12% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

