

HEALTH RANGER SELECT

PERSONALLY SELECTED & RECOMMENDED BY MIKE ADAMS, THE HEALTH RANGER

100% ORGANIC RED LENTILS

Laboratory tested for cleanliness and carefully sourced directly from top growers, the Health Ranger's 100% organic, non-GMO selection of red lentils is packed with nutrients.

Ingredient: 100% Organic Red Lentils.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).



Distributed by: HEALTH RANGER STORE
3820 CENTRAL AVE. #109, CHEYENNE, WY 82001
1-888-959-6415 (USA & CANADA), 307-222-0422
HEALTHRANGERSTORE.COM

Certified Organic by Natural Food Certifiers, Inc.

Product of Turkey



Nutrition Facts

10 servings per container
Serving size 1/4 cup (45g)

Amount per serving
Calories **163**

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	9%
Dietary Fiber 7g	27%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 12g	25%
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 3mg	14%
Potassium 412mg	12%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



NET WT. 1 LB (453 G)