

60g
PROTEIN*
FEATURING 100%
WHEY
*PER 2 SCOOPS

VANILLA
Naturally & Artificially Flavored

NEW!
IMPROVED FORMULA

60g
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WHEY
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*PER 2 SCOOPS

ENHANCED MIXABILITY

WHEY PROTEIN THAT RECOVERS HARD

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH CREATINE, GLUTAMINE, TAURINE AND ELECTROLYTES, BODY FORTRESS® SUPER ADVANCED WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER..

SUPER ADVANCED WHEY PROTEIN

*per 2 scoops

PROTEIN AND
AMINO ACID
PROFILE

60g
PROTEIN*

12g
BCAAs
FROM PROTEIN*

BODY FORTRESS®
SUPER RECOVERY
BLEND

Replenishes Amino Acids
and Restores Energy

9g*

30 GLUTAMINE*
30 CREATINE
MONOHYDRATE*

30 TAURINE*

THE BODY FORTRESS® WORKOUT OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.

ARE YOU TRAINING FULL BLAST?

Complete your stack with our pre- and intra-workout powders to make your workout work harder for you.

PRE-
WORKOUT
AMPLIFIER



INTRA-
WORKOUT
HYDRATION

FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW



Instagram

@OFFICIALBODYFORTRESS

*PER 2 SCOOPS

AMAZING NEW TASTE

ENHANCED MIXABILITY

AMAZING NEW TASTE

BODY X FORTRESS®

SUPER ADVANCED

WHEY
PROTEIN

FEATURES 100% PREMIUM WHEY
INSTANTIZED FOR EASY MIXING

60g
PROTEIN*

12g
BCAAs*

VANILLA

Naturally & Artificially Flavored



Contents Tested & Certified



BUILD LEAN MUSCLE & STRENGTH



BOOST POST-WORKOUT RECOVERY



ZERO ASPARTAME-ZERO GLUTEN

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Serving Size	1 Scoop (49 g)	2 Scoops (98 g)
Servings Per Container	about 18	about 9
Amount Per Serving	%Daily Value	%Daily Value
Calories	190	390
Total Fat	3.5 g 4%**	7 g 9%**
Saturated Fat	1.5 g 8%**	3 g 15%**
Cholesterol	100 mg 33%	200 mg 67%
Total Carbohydrate	7 g 3%**	15 g 5%**
Total Sugars	3 g ***	5 g ***
Includes Added Sugars	0 g 0%**	0 g 0%**
Protein	30 g 60%**	60 g 120%**
Calcium	155 mg 12%	310 mg 24%
Sodium	180 mg 8%	360 mg 16%
Potassium	200 mg 4%	400 mg 9%
Super Recovery Blend	4.5 g ***	9 g ***
Creatine	1.5 g ***	3 g ***
(as Creatine Monohydrate)		
Taurine	1.5 g ***	3 g ***
L-Glutamine	1.5 g ***	3 g ***

**Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Sunflower Lecithin, Natural and Artificial Flavors, Salt, Cellulose Gum, Acesulfame Potassium, Sucralose.

Contains milk ingredients.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP****)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 596 mg	Alanine 1,398 mg
Isoleucine 1,842 mg	Arginine 828 mg
Leucine 3,175 mg	Aspartic Acid 3,279 mg
Lysine 2,742 mg	Cysteine 658 mg
Methionine 634 mg	Glutamic Acid 6,418 mg
Phenylalanine 968 mg	Glycine 538 mg
Threonine 2,192 mg	Proline 1,721 mg
Tryptophan**** 528 mg	Serine 1,551 mg
Valine 1,732 mg	Tyrosine 899 mg

****L-Tryptophan is naturally occurring, not added.

*****approximate values

BODY X FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended.

Cover and shake for 25-30 seconds.

Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Contents are sold by weight. Some settling may occur.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards as required for all dietary supplements.



GLUTEN FREE



from select ingredients from across the world



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

