## FREEDA



NO YEAST Manufactured in a GMP www.freedahealth.com



Store product at room temperature. Do not expose to excessive heat or moisture.



## **B-COMPLEX**

(No Folic - No Paba)



## Supplement Facts

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	Amount Per Tablet	% Da	ily Value
	Vitamin B1 (as thiamin HCI)	25 mg	2083%
	Vitamin B2 (as riboflavin)	25 mg	1923%
	Vitamin B3 (as niacinamide)	100 mg	625%
	Vitamin B6 (as pyridoxine HCI)	25 mg	1471%
	Vitamin B12 (as methylcobalamin)	25 mcg	1042%
	Pantothenic Acid (as d-calcium pantothenate)	25 mg	500%

Other ingredients: Cellulose, calcium phosphate, vegetarian stearate, vegetable glycerin coating, silica, croscarmellose sodium.

Suggested use: Adults, take one (1) tablet daily preferably with food and liquid.