FREEDA



## CITRATE

(Elemental Calcium 250 mg)







FREEDA HEALTH 1-800-777-3737 Brooklyn, NY 11210

Manufactured in a GMP certified facility in the USA www.freedavitamins.com

## **Supplement Facts**

Serving Size 4 Coated Tablets Servings Per Container 25

**Amount Per Serving** % Daily Value Calcium (as calcium citrate) 1000 mg 77%

Other ingredients: Cellulose, vegetarian stearate, vegetable glycerin coating, silica, croscarmellose sodium.

Suggested use: Adults, take four (4) tablets daily preferably with food and liquid. It is recommended to take two tablets in the morning and two at night.

## KEEP OUT OF THE REACH OF CHILDREN

Store product at room temperature. Do not expose to excessive heat or moisture.