









s: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after

Cover and blend for

mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.

25-30 seconds. Use in conjunction with an intense daily exercise program and a balanced diel

Please note: Crystalline Taurine will appear as small crystals within the powder

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your docto before use. Avoid this product if you have kidney disease. Discontinue use and

consult your doctor if any adverse reactions occur. Not intended for use by

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE

TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION. DO





ENHANCED MIXABILITY

WHEY PROTEIN THAT RECOVERS HARD

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER.

SUPER ADVANCED WHEY PROTEIN *per 2 scoops

3G GLUTAMINE*

MONOHYDRATE*

THE BODY FORTRESS® WORKOUT OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK, LIKE POWER TO TRAIN HARDER AND RECOVER FASTER.

ARE YOU TRAINING FULL BLAST?

Complete your stack with our pre- and intra-workout powders to make your workout work harder for you.



FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW



@OFFICIALBODYFORTRESS

*PER 2 SCOOPS

AMAZING NEW TASTE

ENHANCED MIXABILITY



PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907a)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

AMAZING NEW TASTE

Supplement Facts

Serving Size Servings Per Container	1 Scoop (50 g) about 18				2 Scoops (100 g) about 9		
Amount Per Serving	%Daily Value				%Daily Value		
Calories	200			390			
Total Fat	3	g	4% **	6	g	8%**	
Saturated Fat	1.5	g	8% * *	3	g	15%**	
Cholesterol	90	mg	30%	180	mg	60%	
Total Carbohydrate	8	g	3%**	15	g	5%**	
Dietary Fiber	1	g	4%**	2	g	7%**	
Total Sugars	2	g	***	4	g	***	
Includes Added Sug	ars 0	g	0%**	0	g	0%**	
Protein	30	g	60% * *	60	g	120%**	
Calcium	160	mg	12%	320	mg	24%	
Sodium	190	mg	8%	380	mg	17%	
Potassium	310	mg	7%	630	mg	13%	
Super Recovery Blend	4.5	а	***	9	0	***	
Creatine (as Creatine Monohy	1.5	g	***	3	g	***	
Taurine	1.5	'n	***	3	g	***	
L-Glutamine	1.5	g	***	3		***	

*Percent Daily Values are based on a 2.000 calorie diet. **Daily Value not established

1,825 mg

2.700 mg

996 mg

525 mg

****L-Tryptophan is naturally occurring, not added.

Contains milk ingredients.

*****approximate values

BODY

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate. Whey Protein Isolate), Maltodextrin, Cocoa (processed with alkali), Sunflower Lecithin, Natural Flavors, Salt, Cellulose Gum, Acesulfame Potassium, Sucralose. TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 50 G SCOOP*****

Serine

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

FORTRESS*

855 mg

655 mg

558 mg

1,551 mg

NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING. Contents are sold by weight. Some settling may occur.

Stir for 20-30 seconds or

Cover and shake for

OThese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



persons under the age of 18.









Carefully Manufactured for United States Nutrition, Inc.

