

Health Ranger Select Ahiflower® Oil is the most convenient way to enhance your intake of plant-based omega fatty acids. The sustainably grown Ahiflower® is packed with an abundance of Omega 3, Omega 6, and Omega 9 fatty acids, making it a complete and balanced source of these nourishing fatty acids. Our Ahiflower® Oil offers a remarkable alternative to fish and krill oils, and it is mercury free and non-GMO.

INGREDIENTS: Refined Ahiflower® (*Buglossoides arvensis*) Seed Oil.

OTHER INGREDIENTS: Rosemary Extract, Mixed Tocopherols, Sunflower Oil, Sunflower Lecithin, Ascorbyl Palmitate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).



HEALTH RANGER SELECT
AHIFLOWER® OIL
PLANT-BASED OMEGA 3 FATTY ACIDS



NET WT. 4 FL OZ (118 ML)

Supplement Facts

43 servings per container

Serving size 2.7ml

Amount per serving % DV*

Calories 23

Total Fat 2.5g 4%

AHIFLOWER® (*Buglossoides arvensis*) Seed Oil

Omega-3 Fatty Acids

Alpha-Linolenic Acid (ALA) 988mg †

Stearidonic Acid (SDA) 398mg †

Omega-6 Fatty Acids

Gamma Linolenic Acid (GLA) 103mg †

Linoleic Acid (LA) 208mg †

Omega-9 Fatty Acids

Oleic Acid (OA) 138mg †

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established.

Ahiflower®
is a licensed trademark
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DISTRIBUTED BY: HEALTH RANGER STORE
3820 CENTRAL AVE. #109, CHEYENNE WY 82001
1-888-959-6415 (USA & Canada) / 307-222-0422
HEALTHRANGERSTORE.COM

