HEALTH RANGER SELECT



Nutrition Facts

39 servings per container Serving size 10g

Amount per serving Calories

46

% Daily Value	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat Og	7.15-23
Cholesterol 0mg	0%
Sodium 23mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	9%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 2g	3%
Vitamin D 0mcg	0%
Calcium 11mg	1%
Iron 1mg	4%
Potassium 61mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. FLAXJOYTM ORGANIC INSTANT FLAX MILK POWDER is the perfect dairy alternative -- It's as creamy and delicious as regular milk, without the added lactose or homogenized fats to weigh you down. It's even suitable for people with soy or gluten allergies. Perfect for smoothies or hot cocoa.

INGREDIENTS: Organic Golden Fine Milled Flaxseed, Organic Coconut Palm Sugar, Pink Himalayan Salt.

PREPARATION INSTRUCTIONS: To prepare one glass of flax milk: Add 3 teaspoons of FlaxJoy™ Organic Instant Flax Milk Powder to 1 small cup of water (approx 100-120ml of warm or cold water). Stir until smooth.

STORAGE INSTRUCTIONS: Store in a cool, dry place away from sunlight. No need to refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

If pregnant or under a doctor's care, consult your physician before using this product. Do not use if the safety seal is broken. Keep out of reach of children.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).



Certified Organic by Natural Food Certifiers, Inc.



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