

CODE 0147-2

FREEDA®



# METHYL FOLATE

## 800 mcg

(Replaces Folic Acid)

Vitamin Supplement  
**250 TABLETS**



NO GLUTEN  
NO LACTOSE  
NO ARTIFICIAL COLORS  
NO ARTIFICIAL FLAVORS  
NO ANIMAL DERIVATIVES  
NO SUGAR OR STARCH  
NO GELATIN  
NO YEAST

**FREEDA HEALTH** Manufactured in a GMP  
1-800-777-3737 certified facility in the USA  
Brooklyn, NY 11210 / [www.freedahhealth.com](http://www.freedahhealth.com)



**VEGAN** 



## Supplement Facts

Serving Size 1 Tiny Tablet

| Amount Per Tablet                                               | % Daily Value |      |
|-----------------------------------------------------------------|---------------|------|
| Folate (as (6S) - 5 - methyltetrahydrofolic acid, calcium salt) | 1334 mcg DFE  | 334% |

Other ingredients: Cellulose, calcium phosphate, vegetarian stearate, silica, croscarmellose sodium.

**Suggested use:** Adults, take one (1) tablet daily preferably with food and liquid.

Store product at room temperature. Do not expose to excessive heat or moisture.

**KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.**

