

Crafted with methylcobalamin, the most bioavailable form of Vitamin B12, the tablet has been formulated for ease of use with no water required.

- ✓ B12 plays an essential role in helping the body convert nutrients from food into fuel.*
- ✓ B12 is needed for concentration and cognitive processes because it plays a role in nerve health and neurotransmitter signaling.*

Suggested Use: Take 1 quick dissolve tablet daily, chew tablet before swallowing.

Warning: Use only as directed. Consult your healthcare professional before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. For adult use only. Food supplements are not a substitute for a varied diet.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nested
NATURALS

B12

ENERGY* • MOOD* • METABOLISM*



DIETARY SUPPLEMENT 90 CHEWABLE TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount per serving	% Daily Value ‡
Vitamin B12	
(Methylcobalamin) 2,500 mcg	104,167%

‡Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS:

XYLITOL, STEARIC ACID, MAGNESIUM STEARATE, MICROCRYSTALLINE CELLULOSE.

DISTRIBUTED BY: NESTED NATURALS INC. 301-525 SEYMOUR STREET, VANCOUVER, BC V6B 3H7

Store in a cool, dry place. Avoid excessive heat. Do not use if safety seal is broken.

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, fish, shellfish, nuts, tree nuts, yeast, or barley.

1-866-992-3677
WWW.NESTEDNATURALS.COM

