

Recommended Dosage: As a dietary supplement, take one (1) tablet with each meal and one at bedtime with a glass of water or juice. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children.

No. 64, Select Cal is a high quality, multi-calcium based complex that contains a proprietary blend of 7 sources of calcium, Vitamins C and D plus 4 sources of magnesium to provide for maximum absorption, along with other necessary nutrients. Calcium plays vital roles in nerve and muscle health and is needed by all, young and old, men and women. Calcium is necessary for bone and tooth development and may help reduce bone loss due to osteoporosis. If you do not take in enough calcium, your body must replenish the needed calcium by robbing it from your bones. In combination with magnesium and vitamin D, it may help prevent nocturnal leg muscle cramps and encourage restful sleep. Strontium, manganese and boron may help support healthy bone formation. The Wachters' Exclusive Blend of Sea Vegetation® is the key ingredient that makes this formula unique.*

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of No.64.

WACHTERS'



No. 64

Select Cal 1000

Dietary Supplement
120 TABLETS

Supplement Facts

Serving Size: 4 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as cholecalciferol)	400 IU	100%
Calcium (as complex+)	1000 mg	100%
Magnesium (as oxide, carbonate, citrate, amino acid chelate)	500 mg	125%
Zinc (as amino acid chelate)	10 mg	67%
Manganese (as amino acid chelate)	1 mg	50%
L-Glutamic Acid	20 mg	*
Betaine (as hydrochloride)	20 mg	*
Boron (as amino acid chelate)	2 mg	*
Silica (as amino acid chelate)	2 mg	*
Proprietary Blend consisting of:	390 mg	*
Wachters' Exclusive Blend of Sea Vegetation®		
Strontium (as citrate)		
Chlorophyll		
Rehmannia Root (<i>Rehmannia glutinosa</i>)		
Astragalus Root (<i>Astragalus membranaceus</i>)		
Horsetail Stems (<i>Equisetum arvense</i>)		

* Daily Value not established

Wachters' Exclusive Blend of Sea Vegetation® is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

+Calcium Complex is a proprietary blend of calcium sources (carbonate, gluconate, citrate, glycinate, amino acid chelate, aspartate and succinate.)

Manufactured By Wachters' Organic Sea Products

550 Sylvan Street, Daly City, CA 94014

To report a serious adverse event or obtain product information,
CALL 1-800-WACHTERS.COM

Made in U.S.A
Code # 5560