

# VIBRANT HEALTH®

# TRILOGY™

## WOMEN

VERSION 2.0

▶ multivitamin

▶ probiotic

▶ fish oil

now with D<sub>3</sub>+B<sub>12</sub>

2 CAPSULES, 1 SOFT GEL

**SINGLE SERVING**  
**DIETARY SUPPLEMENT**

**Directions** As a dietary supplement, take contents of one Trilogy power pack daily with food. If you are pregnant, planning to become pregnant, breast feeding, taking any prescription medication, or have a medical condition, consult your physician or healthcare professional before taking this product. Do not exceed recommended dosage. Keep out of reach of children.

| Supplement Facts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Serv. Size 1 packet (2 capsules, 1 softgel) | Serv. per packet 1 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------|
| Amount per serving: Calories 10, Calories from fat 10, Total Fat 1g (2%DV)*, Poly. Fat 1g**, Vit. A 300i.u. (6%DV), Vit. C 30mg (50%DV), Iron (from plants) 5.4mg (30%DV), Vit. D3 (from cholecalciferol) 1000i.u. (250%DV), Vit. E 30 i.u. (100%DV), Thiamin (Vit. B1) 7.5mg (500%DV), Riboflavin (Vit. B2) 7.5g (441%DV), Niacin (Vit. B3) 10.5mg (53%DV), Pyridoxine (Vit. B6) 15mg (750%DV), Folate (Vit. B9) 120mcg (30%DV), Vit. B12 (from methylcobalamin) 100mcg (1667%DV), Biotin 30mcg (10%DV), Pantothenic acid (Vit. B5) 18mg (180%DV), Magnesium 0.6mg (<1%DV), Zinc 2.25mg (15%DV), Selenium 21mcg (30%DV), Copper 0.45mg (<1%DV), Manganese 0.6mg (30%DV), Potassium 6mg (<1%DV) Cert. Organic Ogen-Her® multivitamin & mineral extracts (from curry leaves, guava fruit, lemon peel, amla fruit, holy basil aerial parts, annatto seeds) 300mg**, Probiotic Blend (20B total cfu at date of manufacture from 12 Strains) L. acidophilus HA-122 2 Bill.**, L. rhamnosus HA-111 2 Bill.**, L. rhamnosus B HA-114 2B**, L. paracasei HA-108 2 Bill.**, L. plantarum HA-119 2 Bill.**, B. breve HA-129 2 Bill.**, B. longum HA-135 2 Bill.**, L. lactis HA-136 2 Bill.**, Propionibacterium shermanii HA-182 2 Bill.**, B. bifidum HA-132 1 Bill.**, S. thermophilus HA-110 0.6 Bill.**, L. helveticus HA-128 0.4 Bill.**, Omega-3 Fish Oils 1000mg** (Mercury Free, from anchovies) containing EPA (Eicosapentaenoic acid, triglyceride form), 360mg and DHA (Docosahexaenoic acid, triglyceride form), 270mg |                                             |                    |
| *Percent Daily Values are based on a 2,000 calorie diet. **Daily value not established.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                             |                    |

**Other Ingredients** Multi (hypromellose, microcrystalline cellulose, silica, medium chain triglycerides oil, ascorbyl palmitate); **Fish Oil** (gelatin, vegetable glycerin, natural lemon oil, sunflower oil, natural mixed tocopherols, purified water); **Probiotics** (potato starch, hydroxyl-propylmethyl-cellulose (veg. capsule), magnesium stearate, citric acid) Contains: milk. Trace amounts of milk were detected as a byproduct of the probiotic growth cycle.

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Mfg. for & Dist. by  
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