

FREEDA®



SINCE 1928

Now in  
CAPSULES

Pure

INOSITOL

650 mg

Dietary Supplement

100 VEG CAPS



PAREVE

NO GLUTEN  
NO LACTOSE  
NO ARTIFICIAL COLORS  
NO ARTIFICIAL FLAVORS  
NO ANIMAL DERIVATIVES  
NO SUGAR OR STARCH  
NO GELATIN  
NO YEAST

**FREEDA HEALTH** Manufactured in a GMP  
1-800-777-3737 certified facility in the USA  
Brooklyn, NY 11210 / [www.freedahhealth.com](http://www.freedahhealth.com)

VEGAN **Supplement Facts**

Serving Size 1 Vegetable Capsule

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Inositol           | 650 mg *      |

\* daily value not established

Other ingredients: Vegetable cellulose capsule, cellulose, vegetarian stearate, silica.

**Suggested use:** Adults, take one (1) capsule daily preferably with food and liquid.

**KEEP OUT OF THE REACH OF CHILDREN**

Store product at room temperature.  
Do not expose to excessive heat or moisture.

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