



* In an 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary mixture of whey protein and leucine vs. an isomeric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

* When used in conjunction with an exercise program.

* In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement. The active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

* In a randomized, double-blind crossover clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 g whey protein isolate plus 10 g leucine immediately post-workout showed significant increases in key protein (P70S6 & p70S6) associated with muscle protein synthesis.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-452-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC[™] RIPPED

CLINICALLY PROVEN PROTEIN + THERMOGENIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks **

Enhanced for Intense Energy & Metabolism Support*



CHOCOLATE
PEANUT BUTTER

NATURAL • ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 53.16 OZ
(3.32 LB) 1507 G

40G
PROTEIN

15G
BCAA

10G
LEUCINE

1G
VELOSITOL[®]

150MG
CAFFEINE

CODE 306501

DIRECTIONS: As a dietary supplement, consume 2 rounded scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic[®] Ripped can be consumed first thing in the morning, pre-workout, and/or post-workout. For maximum results, reference usage benefits and consume 2 rounded scoops twice daily. Do not consume close to bedtime.

1056

Supplement Facts

	1 Rounded Scoop (34.25 g)	2 Rounded Scoops (68.5 g)
Serving Size	34.25 g	68.5 g
Servings Per Container	44	22
Amount Per Serving	% Daily Value	% Daily Value
Calories	100	20
Total Fat	1g	2g
Saturated Fat	0.5g	1g
Cholesterol	10mg	20mg
Total Carbohydrate	4g	8g
Total Sugars	2g	4g
Includes Added Sugars	1g	2g
Protein	20g	40g
Vitamin D	0.5mcg	0.9mcg
Calcium	100mg	200mg
Iron	0.6mg	1.3mg
Magnesium	20mg	40mg
Chromium (as Chromium Picolinate and Chromium Nicotinate)	750mcg	1495mcg
Chloride	25mg	50mg
Sodium	190mg	370mg
Potassium	200mg	400mg

WheyBolic [®] Complex	11.2 g	22.4 g
BCAA	7.5 g	15 g
L-Leucine (From L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	5 g	10 g
L-Isoleucine (From Whey Protein Isolate, Hydrolyzed Whey Protein, Microencapsulated Isoleucine)	1.25 g	2.5 g
L-Valine (From Whey Protein Isolate, Microencapsulated L-Valine, Hydrolyzed Whey Protein)	1.25 g	2.5 g
Glutamic Acid and Glutamine (From Whey Protein Isolate, Hydrolyzed Whey Protein)	3 g	6 g
Velositol [®] Amylopectin Chromium Complex	500 mg	1 g
Prolydrolase [®] Protease Enzyme Blend (Proteases from <i>Bacillus subtilis</i> and <i>Ananas comosus</i>)	200 mg	400 mg
(10,000 HUT/200 mg; 140,000 HUT/400 mg)		
Thermo Ripped Matrix	568 mg	114 g
Caffeine Anhydrous	75 mg	150 mg
Water Balance Blend	160 mg	320 mg
Vanillin Extract (<i>Vanilla officinalis</i>), Hawthorne Extract (<i>Crataegus phillyrifolia</i>), Potassium Chloride, Hibiscus Flower Powder (<i>Hibiscus sabdariffa</i>), Uva Ursi Leaves Powder (<i>Arctostaphylos uva-ursi</i>), L-Carnitine (as L-Carnitine Tartrate)	333 mg	666 mg

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: WheyBolic[®] Protein Complex (Whey Protein Isolate, Hydrolyzed Whey Protein), Cocoa (Processed with Alkali), Natural and Artificial Flavors, Creamer (Custflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Sodium Citrate, Lecithin, Nonfat Dry Milk, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Saccharin, Acesulfame Potassium, Annatto (Color), Turmeric (Color).

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

Discontinue use two weeks prior to surgery.

2 scoops supply 150 mg of caffeine.

Gluten Free.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

Prolydrolase[®] is a trademark of Deerland Enzymes, Inc.

Velositol[®] and its associated logo is a trademark of Nutrition 21, LLC. Velositol[®] is patent protected.



GLUTEN
FREE

SUPERIOR PERFORMANCE PROTEIN

Enhanced with More LEUCINE & BCAA than Standard Whey Protein
Elevated Muscle Fuel with a Premium 4:1:1 BCAA Ratio for Muscle Growth & Recovery**

Features Only Premium, Ultra-Pure, Fast-Absorbing Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength & Post-Training Anabolic Response**

Enhanced with VELOSITOL[®] & PROHYDROLASE[®]

To Accelerate Muscle Protein Synthesis & Absorption of Amino Acids for Efficient Use by Muscles**

Featuring a THERMO RIPPED MATRIX with CAFFEINE, L-CARNITINE & Key ELECTROLYTES Supporting Intense Energy, Mental Focus, Fatty Acid Metabolism & Superior Hydration**

USAGE BENEFITS

For Pre-Workout & Cardio

Provides Clinical Support for Strength, Performance & Stamina, Plus Energy & Metabolism Support for Superior Results***

For Post-Workout & Cardio

Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery**

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training while Providing Energy & Metabolism Support**

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Get ripped.