

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocalcric carbohydrate consumed before and after resistance training. Subjects consuming the leucine-whey protein sup experienced greater increases in muscle strength than those on the placebo. Leucine-whey prote supplementation also increased muscle cross-sectional area from baseline.

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\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diaznose, treat, cure, or arevent any disease.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 GNC.com Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

## GNC AMP

ADVANCED MUSCLE PERFORMANCE

## **WHEYBOLIC**

CLINICALLY PROVEN PROTEIN + THERMOGENIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks \*\* Enhanced for Intense Energy & Metabolism Support\*

40<sub>G</sub> PROTEIN

LEUCINE

VELOSITOL

DRECTIONS: As a dietary supplement, consume 2 rounded scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic' Ripped can be consumed first thing in the morning, pre-workers, and/or post-workers. For maximum results, reference usage benefits and consume 2 rounded scoops twice duits. Do not consume close to bedding.

Supplement Facts Servings Per Contains Amount Per Serving % Daily Value % Daily Value Total Fat... Total Carbobydrate Magnesium. Chromium (as Chromium Picolinate and Chromium Histidinate L-Isoleucine (from Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Isoleucine Clutamic Acid and Clutamina (from Whau Drotain Icolata, Skylodynad Whau Drotain) Velocital\* Amylopectin Chromium Complex (70,000 HUT/200 ma: 140,000 HUT/400 ma) Thermo Ripped Matrix ..

Percent Daily Values are based on a 2,000 calorie die

Artificial Flavers, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Lassines, Mono- and Digger Grides, Dipotassium Phosphate, Tricalcium Phosphate, Syr Leithin, Tocopheroils, Sodium Cirato, Leithin, Konfat by Mill, Gum Blend (Celluloss Gum, Xanthan Gum, Carragenan), Socralose, Accessioner Phosphates, Tricalcium Phosphate, Tricalcium Phosphate, Syrup Carrage Carr

CONTAINS: Milk and Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.
Discontinue use two weeks prior to surgery. 2 scoops supply 150 mg of caffeine.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur. Prohydrolase' is a trademark of Deerland Enzymes, inc.

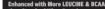
Velositol' and its associated loop is a trademark of Mutrition 21, LLC. Velositol' is patent protected.

Dandelion Extract (Torquocum officingle). Hawthorne Extract (Cratpegus pinnetifida). Potassium Chlorida Hibiscus Flower Powder (Hibiscus sobderiffe). Usa Ursi Leaves Powder (Arctostophylos uso-ursi)

Cofficien Ashadonus

Water Balance Blend...

LuCarmitino (as LuCarmitino Tartrato)



than Standard Whey Protein

Elevated Muscle Fuel with a Premium 4:1:1 BCAA Ratio for Muscle Growth & Recovery\*\*

Features Only Premium, Ultra-Pure, Fast-Absorbing Protein
Only Whey Hydrolysates and a Clinical Core of Whey

Isolate & Leucine to Improve Strength 8 Post-Training Anabolic Response ♥ \*\*

Enhanced with VELOSITOL®

## & PROHYDROLASE®

To Accelerate Muscle Protein Synthesis & Absorption of Amino Acids for Efficient Use by Muscles\*\*

Featuring a THERMO RIPPED MATRIX with **CAFFEINE, L-CARNITINE & Key ELECTROLYTES** Supporting Intense Energy, Mental Focus, Fatty Acid Metabolism & Superior Hydration^\*

For Pre-Workout & Cardio

Clinically Proven Support for Strength, Performance & Stamina, Plus Energy & Metabolism Support for Superior Results \*\*\*

For Post-Workout & Cardio

Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery^ \*\*

On Non-Training Days & Between Meals Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense

Training while Providing Energy & Metabolism If it's on our labels, then it's in our bottles. Full

dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science The most effective and premium performance GLUTEN The most effective and premi FREE protein available. Get ripped.

