

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

GNC

WOMEN'S Iron Complete™

Dietary Supplement

HIGH-POTENCY FORMULA

- 30 mg of iron
- Includes ingredients to enhance iron absorption*
- Enteric coated to reduce stomach upset*

60 CAPLETS
60-DAY SUPPLY



CODE 164622

LTG

DIRECTIONS: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	50 mg	56%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Calcium	90 mg	7%
Iron (as Ferrous Fumarate)	30 mg	167%
Copper (as Copper Gluconate)	2 mg	222%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Methacrylic Acid Copolymer, Stearic Acid Vegetable Source, Croscarmellose Sodium, Talc, Magnesium Stearate Vegetable Source, Propylene Glycol, Ethylcellulose, Calcium Caseinate, Potassium Gluconate, Triethylcitrate, Triacetin, Carnauba Wax, Diacetylated Monoglycerides, Oleic Acid, Polyethylene Glycol.

CONTAINS: Milk.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: