

About One 'n' Only™

Men's Formula

One 'n' Only™ Men's Formula is the most complete one daily ever offered for men, providing trace elements, enzymes, immune factors, antioxidants, phyto-nutrients and potent factors for maximum prostate support. It also provides more Superior Herbs and SuperFoods than any other one daily, thus maintaining maximum energy.*

One 'n' Only™ Men's Formula does not contain artificial colorings or flavorings, GMO's, sugar, soy, yeast, dairy, gluten or wheat. It is suitable for vegetarians, and is guaranteed to your complete satisfaction.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

©2006 Pure Essence Laboratories, Inc.
All Rights Reserved.

P.O. Box 95397, Las Vegas, NV 89193

www.pureessencelabs.com

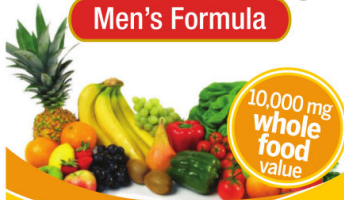


6 59670 01701 8

Pure
ESSENCE LABS

One 'n' Only™

Men's Formula



10,000 mg
whole
food
value

DIETARY SUPPLEMENT • 30 TABLETS

SUGGESTED USE: One tablet daily, preferably with breakfast.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Ingredient	Amount Per Serving	%DV
Vitamin A (as 100% natural beta carotene)	7500 IU	150
Vitamin C (as Ca ascorbate)	120 mg	200
Vitamin D ₃ (as cholecalciferol)	800 IU	200
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333
Vitamin B ₁ (as thiamine mononitrate & cocarboxylase)	22.5 mg	1500
Vitamin B ₂ (as riboflavin & riboflavin 5-phosphate)	25.5 mg	1500
Niacin (as niacin & niacinamide)	30 mg	150
Vitamin B ₆ (as pyridoxine HCL & pyridoxyl 5-phosphate)	30 mg	1500
Folate (as folic acid)	400 mcg	100
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	1667
Biotin (as d-biotin)	300 mcg	100
Pantothenic acid (as Ca pantothenate & pantethine)	30 mg	300
Calcium (as Ca ascorbate, citrate & pantothenate)	25 mg	3
Iodine (from kelp)	150 mcg	100
Magnesium (as Mg oxide & citrate)	30 mg	8
Zinc (as Zn citrate)	20 mg	133
Selenium (as L-methyl selenocysteine)	200 mcg	286
Copper (as Cu sebacate)	1 mg	50
Manganese (as Mn citrate)	2 mg	100
Chromium (as Cr polynicotinate)	200 mcg	167
Molybdenum (as Mo glycinate)	75 mcg	100

*Daily Value not established.

Ingredient	Amount Per Serving	%DV
Male Factors	101 mg	*
Saw Palmetto Supercritical Extract, 50 mg; Stinging Nettle Leaf (4:1), 25 mg; Pygeum Bark (30:1), 25 mg; Lycopene, 1 mg		
SuperFood Complex	192.5 mg	*
Organic Spirulina, 100 mg; Organic Barley/Oat Grass Juice (30:1), 50 mg; North Atlantic Kelp, 37.5 mg; Sodium Copper Chlorophyllin, 5 mg		
High Energy Superior Tonic Herbal Extracts	140 mg	*
Codonopsis Root, 40 mg; Cassia (Cinnamon) Bark, 20 mg; Epimedium Aerial Parts, 20 mg; Schizandra Fruit, 20 mg; Astragalus Root, 20 mg; Gynostemma Aerial Parts, 20 mg		
Immune Factors	101 mg	*
Cordyceps Mycelia, 40 mg; Fruiting Bodies of Reishi, 10 mg; Agaricus Blazei Murrill, 10 mg; Maitake, 10 mg; Shiitake, 10 mg; Coriolus Versicolor, 10 mg; Fucoidan Rich Seaweed, 6.25 mg; Aloe Vera (200:1), 5 mg		
Bioflavonoids & Co-Nutrients	184 mg	*
Mixed Tocopherol Complex (20% Gamma Tocopherol), 94 mg; Phosphatidylcholine, 20 mg; Inositol, 20 mg; L-Leucine, 20 mg; Rutin, 10 mg; Quercetin, 10 mg; Hesperidin Complex (80%), 10 mg		
Trace Minerals	.5 mg	*
Boron (as B Glycinate), 500 mcg; Vanadium (as V Glycinate), 20 mcg		
Detoxification & Liver Support	20 mg	*
Milk Thistle (80% Silymarin)		
High ORAC Antioxidant Food Complex	20 mg	*
Mangosteen, 10 mg; High ORAC Fruit Extracts (250:1) (Strawberries, Blueberries, Blackberries, Cranberries, Grape, Pomegranate and Camu Camu Extracts), 10 mg		
Digestive Aids/Enzymes	17.5 mg	*
Broad Spectrum Digestive Enzyme Complex, 15 mg; BioPerine® (Piper Nigrum Extract 50:1), 2.5 mg		

Estimated Whole Food Value 10,000 mg

Other Ingredients: Cellulose, Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Maltodextrin. **Storage:** Keep tightly closed at room temperature. **Caution:** Please keep all supplements out of children's reach.

BioPerine® is a registered trademark of Sabinsa Corp.

v-092309-101909