

GNC Total Lean®
Burn & Define Vitapak®



ADVANCED SUPPORT AS YOU STRIVE TO BURN & DEFINE.

Get a complete solution, including premium, clinically researched ingredients in just the right doses — all in a convenient pack.



MULTIVITAMIN

A premium formula that helps fill in the nutrition gaps with vitamins, minerals and key nutrients that may be missing from your diet.*



BURN 60™

This clinically researched thermogenic boosts energy and metabolism as it increases calorie burning by up to 60%.†*



L-CARNITINE 1000

One of the most clinically studied forms of L-Carnitine available - shown to fuel fat metabolism and reduce oxidative stress post-exercise.*



CLA

Conjugated Linoleic Acid (CLA) is a naturally occurring fatty acid that fuels fat metabolism and enhances your diet.*



WATEREX™

Featuring an all-natural herbal blend, this scientific formulation helps regulate excess water.*

Embrace doing all the right things to achieve a more defined look — like following the enclosed meal and exercise plan. This product provides dietary supplements to support calorie burning, fat metabolism and your regimen.*

* Participants exercised on a treadmill on two occasions. On one occasion they took this blend before exercise and on the second, they took a placebo. The amount of calories burned during the first hour post-exercise was measured, and participants burned up to 60% more calories while on this blend compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BURN & DEFINE VITAPAK®

Scientifically Formulated Nutrition & Weight Management Support System

ENERGY & CALORIE BURNING* with clinically researched Burn 60™

FUELS FAT METABOLISM* with L-Carnitine 1000 & CLA

WATER BALANCE* with scientifically formulated Waterex™

NUTRITION SUPPORT* with an ultra-concentrated multivitamin



DIETARY SUPPLEMENT
30 PACKS

CODE 215317

BTG

DIRECTIONS: As a dietary supplement, take the contents of one pack daily.
EACH PACK CONTAINS:

Total Lean® Multivitamin

Supplement Facts

Serving Size One Beige Caplet

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes vitamins A, C, D, E, K, B1, B2, B6, B12, biotin, pantoic acid, choline, calcium, phosphorus, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, and potassium.

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes Amino Acid Blend, Eye Health Blend, Zeaxanthin, Health & Mineral Blend, and various minerals like inositol, silica, lycopene, boron, tin, vanadium, and nickel.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Hydroxypropyl Methylcellulose, Titanium Dioxide (Mineral Whitener), Caramel Color, Ethyl Vanillin, Vegetable Acetoglycerides, Polyethylene Glycol, Polysorbate 80. Conforms to USP <2091> for weight.

L-Carnitine 1000

Supplement Facts

Serving Size One White Caplet

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes L-Carnitine (Carnipure®) (from L-Carnitine Tartrate).

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide, Vegetarian Coating. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Burn 60™ Thermogenic Formula

Supplement Facts

Serving Size Two Red Caplets

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes Guarana Seed Extract, Black Tea Leaves Extract, MegaNatural® Grape Skin & Seed Extract, Ginger Root Extract, MegaNatural® Gold Grape Seed Extract, and Dill Weed Extract.

OTHER INGREDIENTS: Dextrose, Microcrystalline Cellulose, Crospovidone, Maltodextrin, Silicon Dioxide, Calcium Silicate, Magnesium Stearate Vegetable Source, Natural Cinnamon Extract, Polydextrose, Natural Vanilla Mint Flavor, Sucralose, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener). Contains 193.6 mg of Caffeine. Conforms to USP <2091> for weight.

Waterex™

Supplement Facts

Serving Size One Capsule

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes Vitamin B-6 (as Pyridoxine Hydrochloride), Magnesium (as Magnesium Oxide), and Potassium (as Potassium Chloride).

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes Proprietary Blend with Garlic Clove Powder, Parsley Leaf Powder, Uva Ursi Leaf Extract, Elderberry Fruit Powder, Horsetail Rush Stems Powder, Fennel Seed Powder, Corn Silk Powder, and Hydrangea Root Powder.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Silicon Dioxide, Calcium Silicate, Caramel Color. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

CLA

Supplement Facts

Serving Size Two Yellow Softgel Capsules

Table with 3 columns: Amount Per Serving, % Daily Value, and Supplement Name. Includes Calories, Total Fat, and Conjugated Linoleic Acid (from Safflower Oil).

OTHER INGREDIENTS: Gelatin, Glycerin. WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. No Wheat, Gluten Free, No Soy, No Dairy.

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MegaNatural® MegaNatural® and its logo are trademarks of Constellation Brands.

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