

Herb Specialists Since 1972

KO
PAREVE

LOT:
Best By:

Skeletal System Support*

Magnesium is an essential mineral that is important to the function of every cell in the body. Organs such as the heart, brain, and kidneys require adequate levels of this mineral for proper function. **Magnesium Complex** combines a superior blend of two highly bioavailable forms of magnesium -citrate and malate. Magnesium citrate is an alkalizing form while magnesium malate has been found to promote musculoskeletal health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

RECOMMENDATION

Take two capsules twice daily with a meal.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.



MAGNESIUM COMPLEX

- **Contributes to energy production***
- **Promotes musculoskeletal health***
- **Highly bioavailable***

Dietary Supplement

100 CAPSULES

Stock No. 1859
NATURE'S SUNSHINE
PRODUCTS, INC.
Spanish Fork, Utah 84660
1-800-223-8225
www.naturessunshine.com

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per 2 Capsules	%Daily Value
Magnesium (as citrate, and malate)	184 mg 44%

Other Ingredients: Capsule (gelatin, water), cellulose (plant fiber), magnesium stearate (vegetable), silicon dioxide (powdered silica).

GUARANTEED PURE