

Recommended Dosage: As a dietary supplement, take 1 tablet of No. 52 Magnesium-Potassium daily, with 8 oz. of water or juice or as desired. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children.

No. 52 is an exclusive formulation consisting of Magnesium, Potassium and Vitamins B1, B2 and B6. Magnesium is crucial to many cellular functions including cellular replication, protein formation and energy production. It assists with Potassium uptake. Potassium is important for chemical reactions within the cells and can help support a healthy nervous system. **Magnesium-Potassium** may help with minor muscle pain during exercise as well as nocturnal leg muscle cramps. *

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation®, a unique combination of organic compounds comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of No. 52.

WACHTERS'



No. 52

Magnesium-Potassium Complex

Dietary Supplement
30 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Thiamin (as mononitrate)	10 mg	660%
Riboflavin	10 mg	550%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%
Magnesium (as glycinate, amino acid chelate, oxide, succinate)	100 mg	25%
Potassium (as chloride, amino acid chelate, citrate)	99 mg	3%
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Proprietary Blend consisting of:	180 mg	*
Wachters' Exclusive Blend of Sea Vegetation®		
Lecithin		
Lemon Bioflavonoids		
Chlorophyll		

* Daily Value not established

"Wachters' Exclusive Blend of Sea Vegetation™" is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Manufactured By:
Wachters' Organic Sea Products
Daly City, Ca. 94014

To report a serious adverse event or obtain product information, call 1-800-682-7100
www.wachters.com

Made in U.S.A
Code # 5485