

GIANT
SPORTS INTERNATIONAL

MCT OIL POWDER

+ PREBIOTIC ACAIA FIBER
MADE FROM 100% NON-GMO COCONUTS*

75% MCT 25% FIBER

DIETARY SUPPLEMENT - NET WT. 10.6oz (300 grams)

MCT PERFECTED

Made From 100% Non-GMO Coconuts + Prebiotic Acacia Fiber.

- FAST, LASTING CLEAN ENERGY!
- INCREASED ATHLETIC PERFORMANCE!
- BOOST KETONE PRODUCTION!
- SUPPORTS MENTAL CLARITY & FOCUS!
- SUPPORTS APPETITE CONTROL!
- KETO, PALEO & VEGAN DIET PERFECT!

WHEN TO USE:

- FASTED IN THE MORNING FOR MENTAL PERFORMANCE!
- BEFORE EXERCISE FOR INCREASED ENERGY PRODUCTION!
- BETWEEN MEALS FOR ADDED KETONE PRODUCTION!
- AFTER EATING CARBS TO HELP GET BACK INTO KETOSIS!

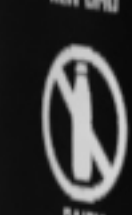
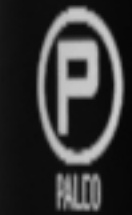


MCT BREAKDOWN	
C-8	C-10
61%	39%

SUGGESTED USE: Mix one scoop (10g) into your favorite beverage (coffee, tea, shake, smoothie) or recipe.



WARNINGS: KEEP OUT OF REACH OF CHILDREN. Do not use if you have a known allergy to any ingredient in this product. This product is only intended to be consumed by healthy adults 18 years of age or older. Consult a physician before using this product. Discontinue use and immediately contact your health care professional if you experience any adverse reaction to this product. Follow label instructions and do not exceed recommendations for Suggested Use. Do not use this product if you are pregnant, trying to become pregnant or nursing. Store in a cool, dry place. Do not use if safety seal has been tampered with.



Supplement Facts

Serving size: 1 Scoop (10g)
Servings Per Container: 30

	Amount per serving	% Daily Value*
Calories	68	
Calories From Fat	68	^^
Total Fat	7.5g	9%
Saturated Fat	7.5g	38%
Total Carbohydrate	2.5g	1%
Dietary Fiber	2.5g	9%
Calcium	16mg	1%
Medium Chain Triglycerides From 100% Non-GMO Coconuts	7.5g	^^

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established

OTHER INGREDIENTS: Prebiotic Acacia Gum (Fiber).

CONTAINS: Tree Nuts (Coconut)

Store in a cool, dry place, below 80° Fahrenheit (27° Celsius). Do not expose to excessive heat or moisture.

ALLERGEN WARNING: Made in a facility that also processes milk, egg, soy, tree nuts, peanuts, fish, crustaceans/shellfish and wheat products.



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This product is sold by weight, not volume some settling of contents may have occurred during shipping.

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