

About LifeEssence™

For 10 years, LifeEssence™ has been the world's most energetic multiple. Now with more whole foods (spirulina, chlorella, oat grass juice extract) and Superior Herbs, it's even better. In short, it is the world's finest total body support system, serving as:

- A Complete Multiple Vitamin and Mineral Formula
- A Comprehensive Antioxidant Complex (ALA, L-Cysteine, MSM, Green Tea, and thousands of others from whole food base)
- Superb Mental Support System (Bacopa, even better than Ginkgo!)
- A Wondrous Green SuperFood Supplement (to energize every cell -- over 45,000 total mg of whole food value)
- Superior Herbs to support every organ, gland and system in the body
- A Remarkable Phyto-Nutrient Complex (countless, vital phyto-nutrients that are simply not present in table foods)*

LifeEssence™ does not contain artificial colorings or flavorings, GMO's, sugar, soy, yeast, dairy, gluten or wheat. It is suitable for vegetarians, and is guaranteed to your complete satisfaction.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

©2000 Pure Essence Laboratories, Inc. All Rights Reserved.
P.O. Box 95397, Las Vegas, NV 89193

www.pureessencelabs.com



6 59670 01003 3

Pure
ESSENCE LABS

LifeEssence™

The Master Multiple™



DIETARY SUPPLEMENT • 120 TABLETS

SUGGESTED USE: Four tablets daily. Best if used in divided doses. May be used with or without meals.

Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 30

Ingredient	Amount Per Serving	%DV
Vitamin A (as 100% beta-carotene)	10,000 IU	200
Vitamin C (as ascorbic acid)	1000 mg	1667
Vitamin D ₃ (as cholecalciferol)	1000 IU	250
Vitamin E (as d-alpha-tocopheryl succinate)	300 IU	1000
Vitamin K (as phyloquinone)	40 mcg	50
Vitamin B ₁ (as thiamin)	30 mg	2000
Vitamin B ₂ (as riboflavin)	34 mg	2000
Niacin (as niacinamide, niacin)	100 mg	500
Vitamin B ₆ (as pyridoxine HCL)	40 mg	2000
Folate (as folic acid)	800 mcg	200
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	3333
Biotin (as d-biotin)	300 mcg	100
Pantothenic acid (as Ca pantothenate)	150 mg	1500
Calcium (as Ca citrate & pantothenate)	200 mg	20
Iodine (from kelp)	150 mcg	100
Magnesium (as Mg oxide & citrate)	200 mg	50
Zinc (as Zn lactate)	15 mg	100
Selenium (as L-methyl selenocysteine)	200 mcg	265
Copper (as succinate)	1.5 mg	75
Manganese (as citrate)	2 mg	100
Chromium (as Cr polynicotinate)	200 mcg	166
Molybdenum (as glycinate)	50 mcg	65
Potassium (as citrate)	49 mg	<2

Ingredient	Amount Per Serving	%DV
Minerals	28 mg	*
Complete Trace Mineral Complex, 25 mg: Boron (as B Glycinate), 1.5 mg: Silica (from Bamboo), 1 mg: Vanadium (as V Glycinate), 25 mcg (An average of less than 1 mg of naturally occurring iron is present in LifeEssence's™ food base.)		
SuperFood Complex	1338 mg	*
Organic Spirulina, 500 mg; Chlorella, 500 mg; Organic Oat Grass Juice Extract (30:1), 200 mg; High ORAC Fruit Extracts (250:1) (Strawberries, Blueberries, Blackberries, Cranberries, Grapes, Pomegranate and Camu Camu Extracts), 100 mg; North Atlantic Kelp, 38 mg		
Herbal Extracts	600 mg	*
Cordyceps (10% cordycepic acid), 150 mg; Codonopsis (10% Polysaccharides), 100 mg; Bacopa Monnieri Extract (35% bacosides), 75 mg; Bai-Zhu (Atractylodes Root) (10:1), 75 mg; Eleuthero Root (8% Eleutherosides), 50 mg; Gogi Fruit (20% Polysaccharides), 50 mg; Schizandra Extract (5:1), 50 mg; White Peony, 50 mg		
Antioxidants	150 mg	*
L-Cysteine, 50 mg; MSM, 50 mg; Alpha Lipoic Acid, 25 mg; Green Tea (60% EGCG), 25 mg		
Ca-Nutrients	250 mg	*
Choline Bitartrate, 100 mg; L-Leucine, 80 mg; Mixed Tocopherols Complex (20% Gamma Tocopherols), 45 mg; Inositol, 25 mg; Orlicic acid, 300 mcg		
Bioflavonoids	150 mg	*
Hesperidin Complex (80%), 100 mg; Quercetin (Saphora Japonica) (20:1), 25 mg; Rutin (5:1), 25 mg		
Digestive Aids/Enzymes	38 mg	*
Broad Spectrum, Vegetarian, Digestive Plant Enzymes, 33 mg; BioPerine® (Piper Nigrum Extract), 3 mg		
Phyto-Nutrients		*
LifeEssence's™ foods and herbs yield hundreds of valuable phyto-nutrient compounds.		

Estimated Whole Food Value 45,000 mg

Other Ingredients: Silicon Dioxide, Cellulose, Croscarmellose Sodium, Stearic Acid. **Storage:** Keep tightly closed at room temperature.

Caution: Please keep all supplements out of children's reach.

BioPerine® is a registered trademark of Sabinsa Corp.

V-101101-012M1