

About LifeEssence™

For nearly 10 years, LifeEssence™ has been the world's most energetic multiple. Now with an organic, whole food base (spirulina, chlorella, oat grass and barley grass juice extract) it's even better. Naturally, its vitamins and minerals are still the very best that money can buy, and its Superior Tonics are the purest, clearest, full spectrum herbs in the world and are extracted only in water and/or alcohol. In short, it is the world's finest cell supporting multiple, serving as:

- A Complete Multiple Vitamin and Mineral Formula
- A Superb Antioxidant Complex (ALA, L-Cysteine, MSM, Grape Seed, etc.)
- A Complete Memory Support System (with the world's finest ginkgo extract)
- A Wondrous, Organic Green Superfood Supplement to energize every cell
- An Amazing Cellular Support System to optimize every organ and gland in the body
- A Remarkable Phyto-Nutrient Complex (literally, thousands of phyto-chemicals)*

LifeEssence™ does not contain artificial colorings or flavorings, GMO's, sugar, soy, yeast, dairy, gluten or wheat. It is suitable for vegetarians, and is guaranteed to your complete satisfaction.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Pure
ESSENCE LABS

LifeEssence™

The Master Multiple™



vast
green
superfood
base

DIETARY SUPPLEMENT • 120 TABLETS

SUGGESTED USE: Four tablets daily (two with breakfast, one each with lunch and dinner).

Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 30

Ingredient	Amount Per Serving	%DV
Vitamin A (as 100% beta-carotene)	10,000 IU	200
Vitamin C (as Ca ascorbate)	1000 mg	1667
Vitamin D ₃ (as cholecalciferol)	1000 IU	250
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1333
Vitamin K (as phyloquinone)	40 mcg	50
Vitamin B ₁ (as thiamin)	45 mg	3000
Vitamin B ₂ (as riboflavin)	51 mg	3000
Niacin (as niacinamide, niacin)	100 mg	500
Vitamin B ₆ (as pyridoxine HCL)	60 mg	3000
Folate (as folic acid)	800 mcg	200
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	3333
Biotin (as d-biotin)	300 mcg	100
Pantothenic acid (as Ca pantothenate)	150 mg	1500
Calcium (as ascorbate, citrate)	350 mg	35
Iodine (from kelp)	150 mcg	100
Magnesium (as oxide, citrate)	400 mg	100
Zinc (as citrate)	15 mg	100
Selenium (as L-selenomethionine)	200 mcg	285
Copper (as sebacate)	1.5 mg	75
Manganese (as citrate)	2 mg	100
Chromium (as nicotinate)	200 mcg	166
Molybdenum (as glycinate)	50 mcg	65
Potassium (as citrate)	49 mg	<2

*Daily Value not established.

Ingredient	Amount Per Serving	%DV
Minerals	27 mg	*
Complete Trace Mineral Complex, 25 mg; Boron (as B Glycinate), 1.5 mg; Vanadium (as V Glycinate), 25 mcg (An average of less than 1 mg of naturally occurring iron is present in LifeEssence's™ food base.)		
Bioflavonoids	350 mg	*
Hesperidin Complex (80%), 300 mg; Quercetin (Saphora Japonica) (20:1), 25 mg; Rutin (5:1), 25 mg		
SuperFood Complex	1128 mg	*
Organic Spirulina, 900 mg; Organic Chlorella, 100 mg; Organic Barley and Oat Grass Juice Extract (30:1), 90 mg; North Atlantic Kelp, 38 mg		
Digestive Aids/Enzymes	36 mg	*
Broad Spectrum, Vegetarian, Digestive Plant Enzymes, 33 mg; BioPerine® (Piper Nigrum Extract), 2.5 mg		
Herbal Extracts	378 mg	*
Ginkgo Biloba (24% Flavone Glycosides, 6% Ginkgolides), 120 mg; Codonopsis (10% Polysaccharides), 30 mg; Lycium Fruit (20% Polysaccharides), 30 mg; Schizandra Extract (5:1), 30 mg; Poria Cocos (40% Polysaccharides), 25 mg; Astragalus Root (15% Polysaccharides), 25 mg; Aged Citrus Peel Extract (4:1), 25 mg; Eleuthero Root (.8% Eleutherosides), 25 mg; American Ginseng, 25 mg; Foti Root (Polygonum Multiflorum), 19 mg; Rehmannia Extract (10:1), 13 mg; Zizyphus Seed Extract (18:1), 11 mg		
Co-Nutrients	300 mg	*
Choline Bitartrate, 150 mg; L-Leucine, 80 mg; Mixed Tocopherols Complex (20% Gamma Tocopherols), 45 mg; Inositol, 25 mg; Octacosanol, 300 mcg		
Anti-Oxidants	148 mg	*
L-Cysteine, 50 mg; MSM, 50 mg; Alpha Lipoic Acid, 25 mg; Grape Seed Extract (LeucoSelect® - 85% Polyphenols), 23 mg		
Phyto-Nutrients		*
LifeEssence's™ foods and herbs yield hundreds of valuable phyto-nutrient compounds.		

Estimated Whole Food Value 13,000 mg

Other Ingredients: Cellulose, Silicon Dioxide, Croscarmellose Sodium, Stearic Acid, Maltodextrin. **Storage:** Keep tightly closed at room temperature. **Caution:** This product contains Ginkgo biloba. Those on blood thinning medications should have their blood monitored while using it. Please keep all supplements out of children's reach.

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