**SUGGESTED USE** Consume one capsule daily with food or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multivitamin-mineral formula. For questions about the use of this product call 800.808.7311.





GINGER 450

PURE STANDARDIZED GINGER ROOT EXTRACT SOOTHING RELIEF FOR JOINTS AND DIGESTION



360 Easy-to-Swallow Capsules

Ginger has been employed as both an important spice and a crucial part of traditional medicine. It was among the first spices cultivated in the New World for both its rich flavor and its medicinal properties. It is not surprising to learn that Ginger is closely related to Turmeric, another popular Asian spice possessing powerful protective properties. Ginger has long been recommended as a natural means of calming an upset, sensitive or uneasy stomach. Ginger's soothing benefits have also been observed to extend to our joints and connective tissue. Standardized to deliver no less than 5% Gingerols, our Ginger Extract provides a rich source of protective compounds that offer extensive anti-aging and antioxidant protection. Unlike typical Ginger products found on store shelves that are really nothing more than some ordinary spice in a bottle, our Ginger 450 is formulated to ensure the highest levels of the protective compounds you seek. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt,

## **Supplement Facts**

Serving Size 1 Capsule Servings Per Container 360

## **Amount Per Serving**

Andrew Lessman's GINGER 450 contains a pure standardized extract of the

most important active components from Ginger Root in a small, easy-to-swallow

capsule. For more than one thousand years throughout virtually all Asian cultures.

Ginger, extract/powder (root) 450 mg standardized to 5% gingerols/1.5% volatile oil

Daily Value not established.

CONTAINS NO ADDITIVES OF ANY KIND.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule