suggested USE Consume one or two capsules daily or as recommended by a health care professional. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitaminmineral formula. For answers to questions about the use of this product. call 800.808.7311.



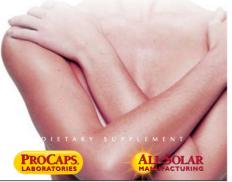


800.800.1200

800.944.9999

BREAST HEALTH

PROTECTIVE PHYTONUTRIENTS
INDOLE-3-CARBINOL · SULFORAPHANE



360 Easy-to-Swallow Capsules

Andrew Lessman's BREAST HEALTH is designed to support the health of the delicate tissues of a woman's breast. This formula provides plantbased protection that targets breast tissue. These protective compounds offer natural support for the healthy structure of the cells that make up this delicate tissue. We start with Indole-3-Carbinol, naturally found in cruciferous vegetables (particularly cauliflower), which helps support and maintain the health of the breast along with normal estrogen activity in breast tissue. We then add **Sulforaphane**, another ingredient from healthy cruciferous vegetables, which, among many beneficial properties, promotes the body's internal production of one of its most important protective compounds - Glutathione. No breast health formula would be complete without the protective properties of our Green Tea Extract, which is standardized to provide high levels of its most important protective polyphenols, including all-important Epigallocatechin Gallate (EGCG). We also add the three protective carotenoids: Lutein, Lycopene and Zeaxanthin, given their high concentration in female reproductive and breast tissue. We also add the additional protection of OPCs (Oligomeric Proanthocyanidins) from our standardized Grape Seed Extract, along with our Turmeric Extract and its standardized Curcumin-Phospholipid **Complex.** We also support these plant-based ingredients with Vitamins D and C, along with our unique absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12) and Folate Complex. The end result is a comprehensive array of standardized, plant-based ingredients and nutrients that provide unprecedented support for the health of the fragile tissues of a woman's breast.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 2 Capsules	Servings Per Conta	ainer 180
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate)	100 mg	111%
Vitamin D ₃ (as cholecalciferol)	2.5 mcg (100 IU)	13%
Vitamin B12 (as methylcobalamin - protecto	50 mcg ed Coenzyme B12)	2,083%
Folate Complex 67 mcg DFE (as L-methylfolate/folic acid)	(25 mcg folic acid)	17%
Calcium (as calcium carbonate/a	scorbate) 50 mg	4%
Green Tea, extract (leaf) standardized to 98% polyphen Epigallocatechin Gallate 125		t
Indole-3-Carbinol	150 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaple	75 mg nane glucosinolate	†
Grape Seed, extract (seed) standardized to 80% polyphen	40 mg ols	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) a	40 mg nd phospholipids)	†
Lutein	3 mg	†
Lycopene	3 mg	†
Zeaxanthin	150 mcg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.