

SUGGESTED USE For best results consume one or more capsules daily or as recommended by a health care professional. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For answers to questions about the use of this product, call 800.808.7311.**



UNSURPASSED.
*Purity. Quality. Integrity.
Effectiveness.*

Andrew Lessman
Andrew Lessman
Founder of ProCaps Labs

THIS PRODUCT IS
ONLY AVAILABLE FROM



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ALA 400 ALPHA LIPOIC ACID

HIGH POTENCY ALPHA LIPOIC ACID
THE UNIVERSAL ANTI-OXIDANT



240 Easy-to-Swallow Capsules

Andrew Lessman's ALPHA LIPOIC ACID 400 provides our highest levels of this essential protective compound. **Alpha Lipoic Acid (ALA)** plays a multitude of indispensable roles throughout cellular chemistry and metabolism. It does so, in part, due to its unique ability to exist in both water- and oil-based environments. This universal solubility results in **ALA** being able to deliver its powerful protective benefits throughout the entire body and why it is often referred to as the **Universal Anti-Oxidant**. **ALA** protects the tissues of our most vital organs, including our brain, where it readily crosses the blood-brain barrier. It also protects the vital tissues of our heart and cardiovascular system, as well as our liver, kidneys and lungs. **ALA's** powerful protection allows it to “recharge” and extend the life of other anti-oxidants in the body, such as Vitamins C and E, and CoQ-10. In addition, **ALA** is essential to the creation of **Glutathione** – arguably the body's most important internally produced protective molecule. Despite **ALA's** vital role, our body only produces very small amounts and given its limited presence in our diet, supplements are the only logical means of overcoming the reduction in **ALA** levels that occurs with age, stress, illness, poor diet and lifestyle; and even exercise. As science has shown, the human body relies on both internal and external anti-oxidants for a lifetime of protection, and **ALA** is uniquely capable of playing both protective roles. As a result, no modern anti-aging regimen is complete without the powerful and uniquely flexible protection of the **Universal Anti-Oxidant (Alpha Lipoic Acid)**.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	50 mg	56%
Alpha Lipoic Acid	400 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† DV not established.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.